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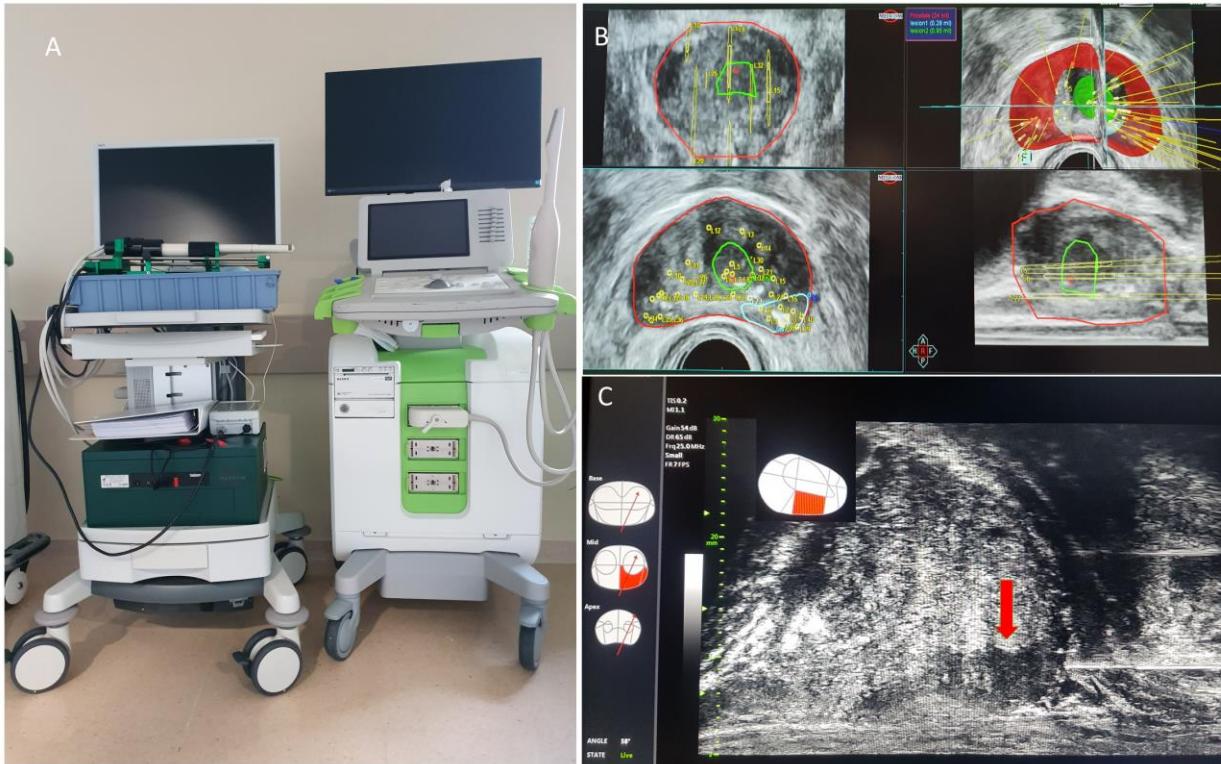


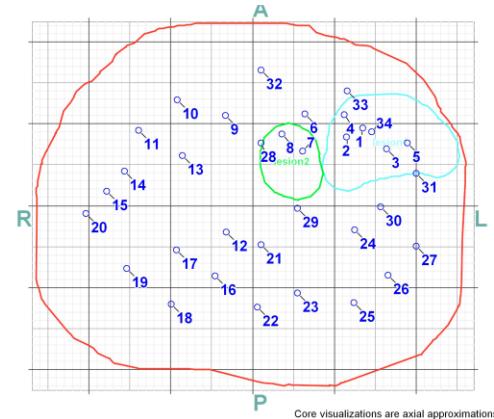
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UROLÓGICA AVANZADA

# *Microultrasonidos* ¿qué nos aporta, qué lugar ocupa, reemplaza la RMN?

Moisés Rodríguez Socarrás, iCUA - Madrid, Spain  
Septiembre 2023

# Prostate mapping for cancer diagnosis: The Madrid Protocol. **Transperineal prostate biopsies combining micro-Ultrasound and mpMRI fusion biopsy.**





## Nuestra experiencia

> 600 pacientes biopsiados

### Nuestro Protocolo

Dirigidas por Micro-US + Fusión mpMRI + sistemáticas

- ✓ 1 Artículo Journal of Urology
- ✓ 2 Suplementos Journal of Urology
- ✓ 6 trabajos en congresos AUA y EAU 2021,2022
- ✓ 1 Podium AUA 2021
- ✓ 4 trabajos congreso AEU
- ✓ Participacion en el estudio Optimum

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< Previous Article | January 2020 Volume 19, Supplement 1, Pages e67-e68 | Next Article >

**Prostate “Mapeo” for cancer diagnosis: The Madrid protocol. Transperineal prostate biopsies combining Micro-ultrasound and mpMRI fusion biopsy.**

M.E. Rodríguez Socías\*, J. Gómez Rivas, J. Reinoso Elbers, L. Uñes González, J. Fernández Del Alamo, P. Juárez Del Dago, I.E. Michel Mercado, B. Wodtlinger, F. Gómez Sancha

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**PD41-06 TRANSPERINEAL PROSTATE BIOPSIES USING MICRO-ULTRASOUND, MRI-GUIDED AND SYSTEMATIC BIOPSIES (MADRID PROTOCOL), AN UPDATE WITH 482 PATIENTS**

Monserrat Elias Socías\*, Javier Reinoso Elbers, Fabio Escolano, Isabelle Greco, Julio Fernández del Alamo, Vanesa Cuadros Rivas, David Carrasco Monreal, Juan Gómez Rivas, Luis Uñes González, et al.  
Eduardo Gómez Sánchez

<https://doi.org/10.1097/01.juro.0000030000002862>

FIGURES REFERENCES RELATED DETAILS

Volume 207 Issue Supplement 5 May 2022 Page: 4621

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Prostate mapping for cancer diagnosis: The Madrid protocol. Transperineal prostate biopsies combining micro-ultrasound and mpMRI fusion biopsy

Rodríguez Socías M.E., Gómez Rivas J.A., Cuadros V., Reinoso Elbers J., Uñes González L., Juárez Del Dago P., Fernández Del Alamo J., Michel Mercado I.E., Gómez Sancha F.

Instituto de Cirugía Urológica Avanzada (ICUA), Dept. of Urology, Madrid, Spain

**Introduction & Objectives:**  
mpMRI-targeted biopsy is increasing as a useful tool to improve accuracy of PCA detection. However, mpMRI is a new high-resolution imaging system allowing early detection of low-grade lesions. The aim of this study is to evaluate transperineal prostate biopsy accuracy for low-grade prostate cancer using mpMRI and mpMRI fusion biopsy during the same procedure.

**Materials & Methods:**  
200 consecutive consecutive transperineal prostate biopsies combining mpMRI-targeted Micro-US (SmartUS™) biopsies and mpMRI fusion biopsy were performed. mpMRI-targeted Micro-US biopsies were performed using the PRISM™ scale and TP grade according to the mpMRI findings. mpMRI fusion biopsy was performed using the PRISM™ scale and TP grade according to the mpMRI findings. Demographic and clinical variables included Age, PSA, PSA trend, previous MRI, PCA, mpMRI (SIUPP-3), Gleason score, and tumor stage. Statistical analysis was performed using SPSS version 22.0. Univariate and multivariate Cox regression Model were conducted,  $p < 0.05$  were considered statistically significant.

**Results:**  
Median patient age was 62 (20-84). The overall positive rate was 57.2% (122/213) for PCA and 29.6% (20/68) for cPCA. Micro-US and MRI together detected significantly more PCA and cPCA than mpMRI alone (p < 0.001). mpMRI fusion biopsy showed a significant increase in the detection of low-grade lesions compared to mpMRI alone (p < 0.001). No significant difference was observed between mpMRI and mpMRI fusion biopsy (p = 0.22). The mpMRI fusion biopsy had a better performance than mpMRI alone (p < 0.001). No fever or local infection was observed in any one patient. 58 (5%) patients presented minor complications (Grade Grade 1).

**Conclusion:**  
This is the first study using transperineal approach for prostate biopsies combining Micro-ultrasound and mpMRI fusion biopsy. Results show high accuracy for PCA and cPCA diagnosis, without infectious complications due to biopsy. The proposed method should be validated in large-conducted clinical trials.

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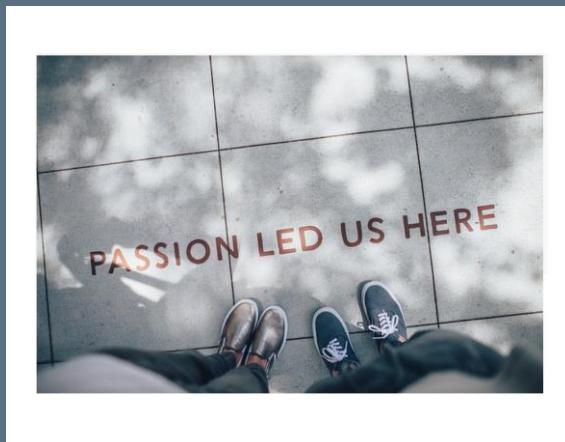
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# AUA VIRTUAL EXPERIENCE

PD48-12 Prostate mapping for cancer diagnosis: The Madrid Protocol. Transperineal prostate biopsies combining micro-Ultrasound and mpMRI fusion biopsy.

Monserrat Elias Rodríguez Socías\*, Juan Gómez Rivas, Vanesa Cuadros, Javier Reinoso Elbers, Luis Uñes, Iván Michel Mercado, Julio Fernández del Alamo, Pablo Juárez del Dago, Fernando Gómez Sancha  
ICUA - Madrid, Spain



|

# Microultrasonidos: Qué es y para que sirve?



Ecografía con  
microurasonidos  
de alta resolución  
(MicroUs).

- 29Mhz , 300% de mayor resolución que la ecografía estándar

## What is High Resolution Micro-Ultrasound?

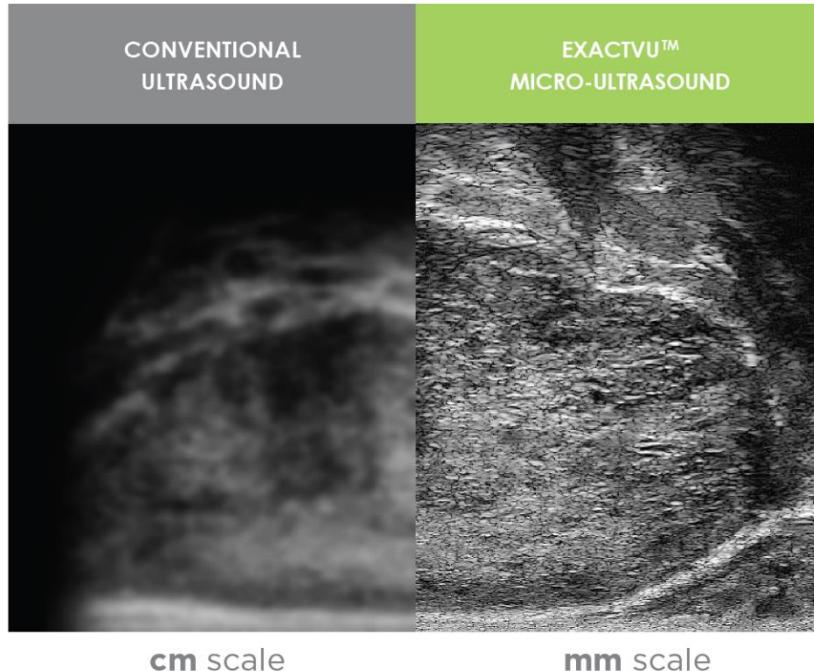
70 µm Resolution – what does that mean?

Our resolution means being able to distinguish structures that are separated by only 70 µm



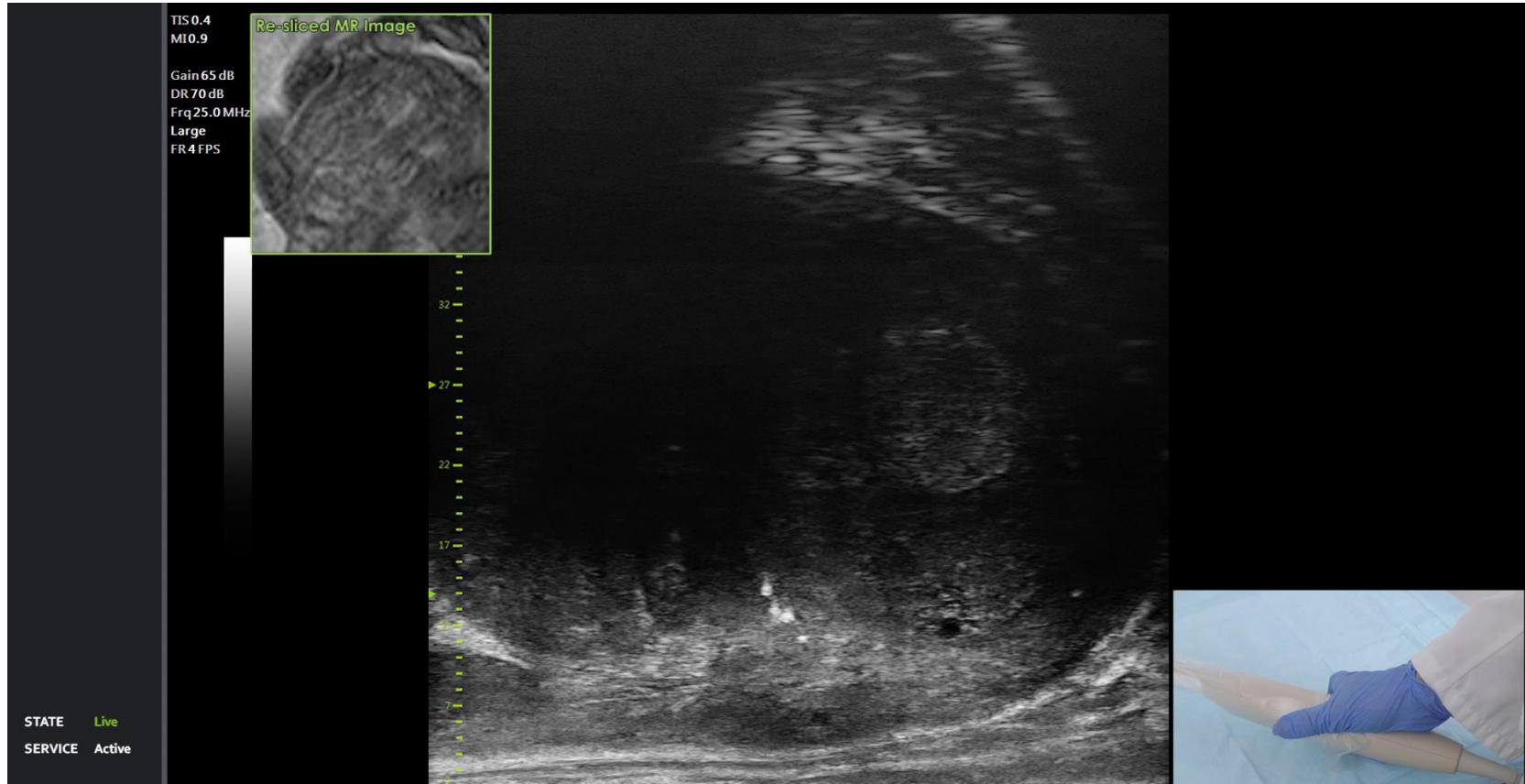
# Micro ultrasonidos de alta resolución

## Una nueva escala de detalle.



Vastly increased detail providing more information for the urologist.

- Permite ver los ductos y las glándulas prostáticas.
- Visualización detallada de la zona periférica.
- Biopsia en tiempo real de zonas sospechosas.

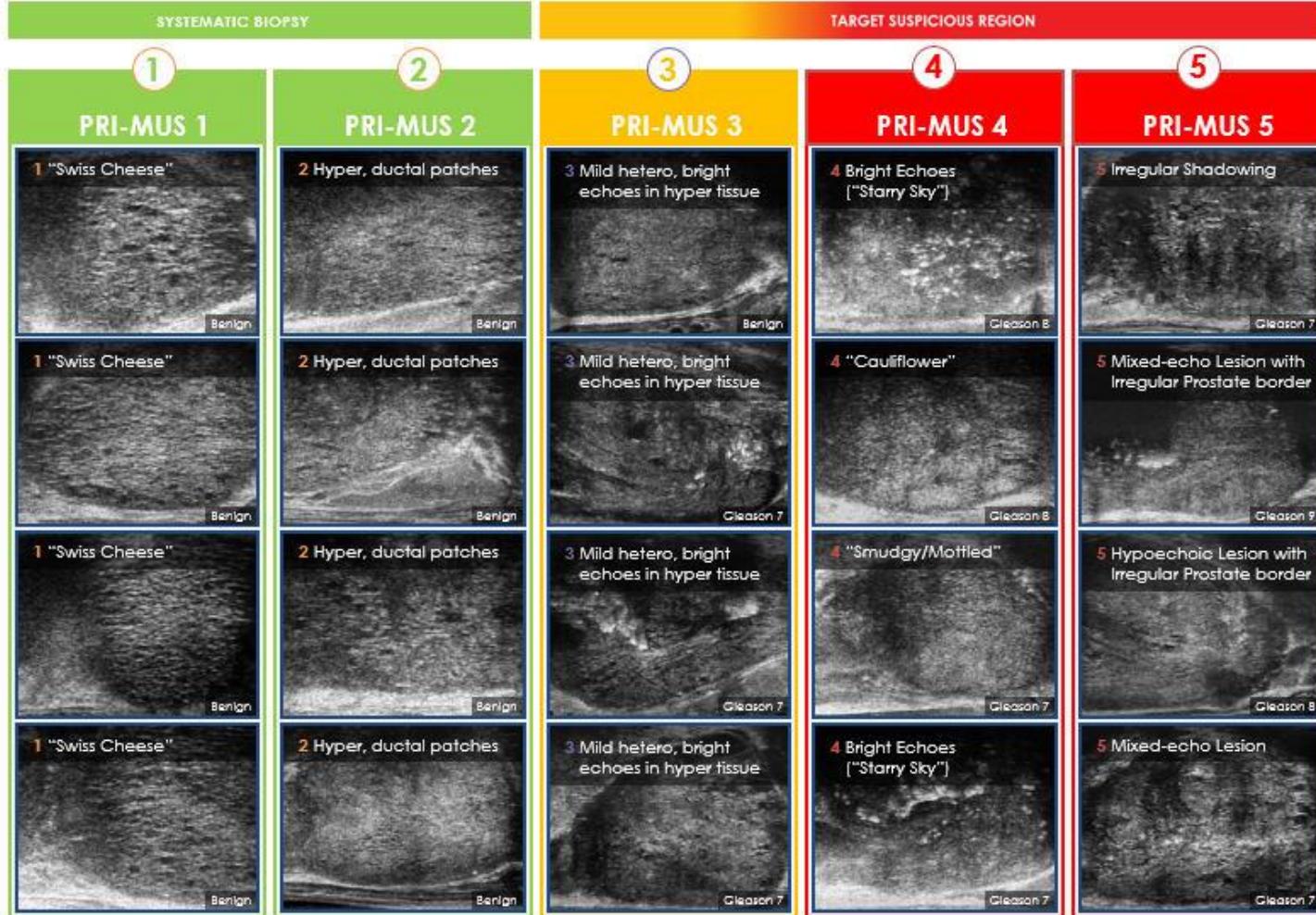




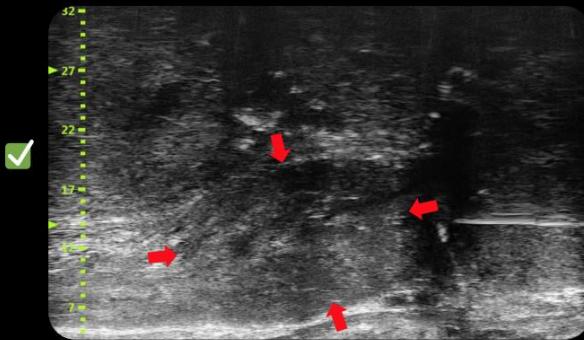
# Protocolo PRI-MUS™

Prostate  
Risk  
Identification using  
Micro-  
Ultra-  
Sound

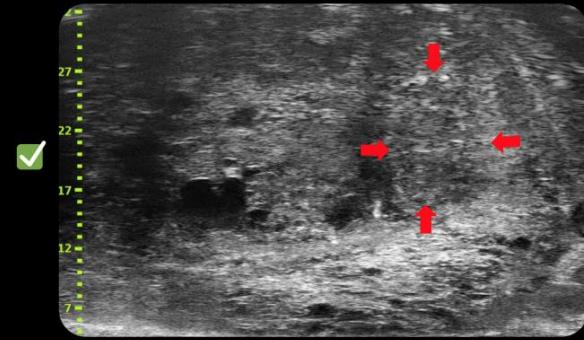
Protocolo desarrollado  
para el usuario de  
ExactVu™, basado en  
evidencia científica



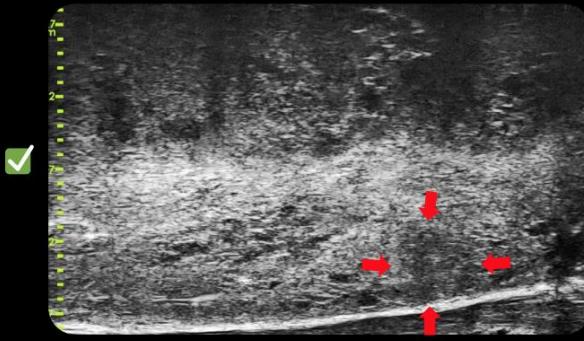
**PRI-MUS 4 on the Right: Grade Group 4**



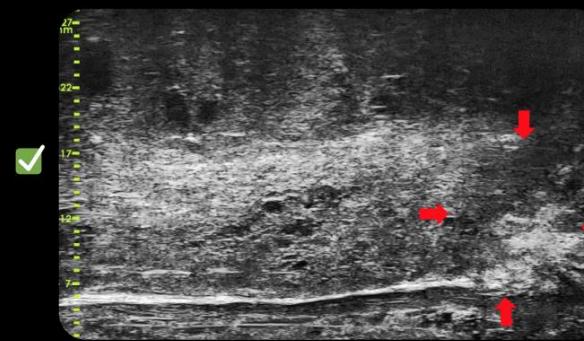
**PRI-MUS 4 on the Right: Grade Group 2**



**PRI-MUS 3 on the Left: Grade Group 1**



**PRI-MUS 4 on the Left: Grade Group 2**



# EXACTVU™ + FUSIONVU™

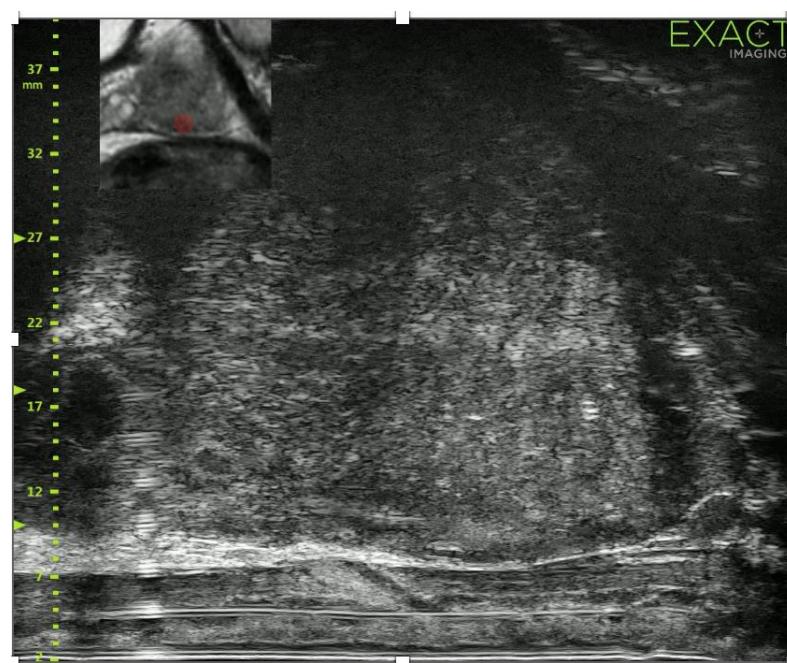
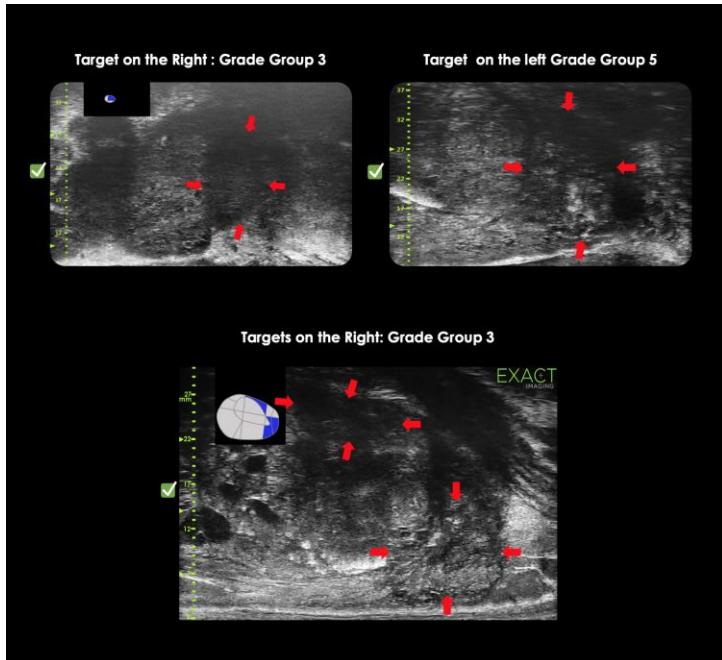
29MHz Micro-Ultrasound  
for targeted prostate biopsies

Micro-Ultrasound / MRI Fusion

# EXACTVU™ + FUSIONVU™

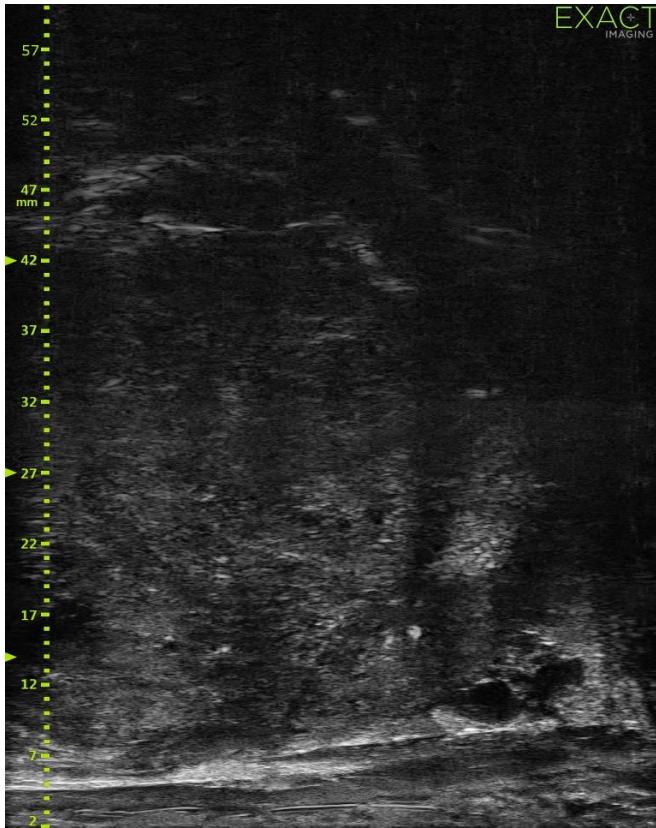
29MHz Micro-Ultrasound  
for targeted prostate biopsies

Micro-Ultrasound / MRI Fusion



Instituto de Cirugía Urológica Avanzada ([ICUA](#)), Dept. of Urology, Madrid, Spain

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63 años, prostata 75 ml, psa 3.59 ng/ml,

**RNM sin lesiones PIRADS 2**

Trublood positivo.

Todas las biopsias con los micros positivas

#### ESTUDIO MICROSCÓPICO Y DIAGNÓSTICO

Próstata: Adenocarcinoma prostático, Adenocarcinoma prostático, Gleason 7 (4+3). 80% de grado 4. No se identifica patrón cribiforme, glomeruloide ni carcinoma intraductal.

Grupo pronóstico OMS 2.016: III de 5. ISUP 3.

El tumor está presente en los siguientes cilindros con los siguientes porcentajes de afectación y muestran las dimensiones de tumor referidas:

Cilindro	%	mm
A	5	0'60
B	7	0'50
C	82	9
D	64	7
E	40	4
8	100	10
9	50	6'5
13	92	5'5
14	50	3'5
15	35	3'5
17	5	0'75
22	100	11 Se ve invasión perineural.

**MicroUS**

- Foco de PIN de alto grado identificado en el cilindro 25.
- Los restantes cilindros se encuentran dentro de límites de la normalidad.

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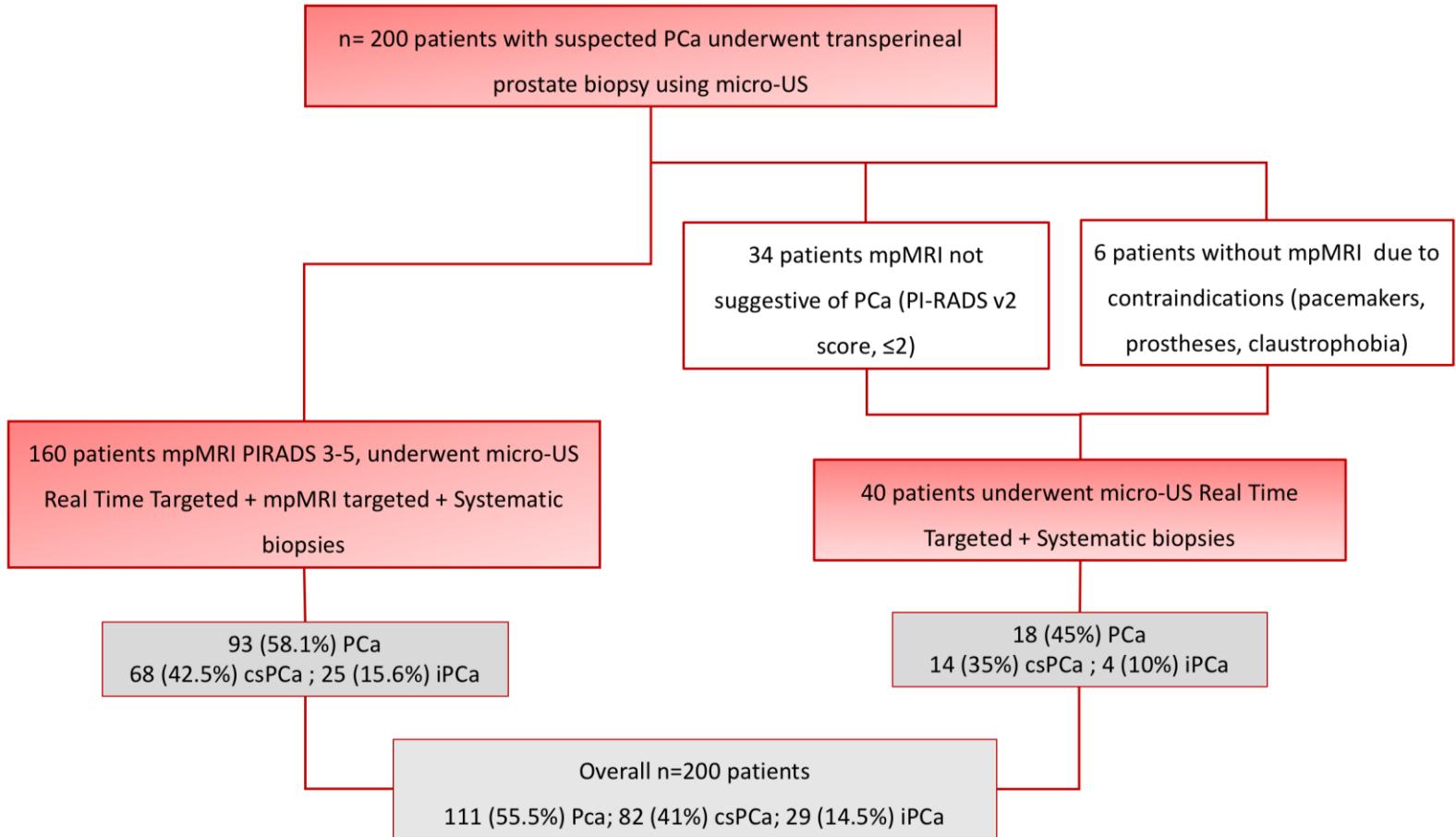
## Prostate Mapping for Cancer Diagnosis: The Madrid Protocol. Transperineal Prostate Biopsies Using mpMRI Fusion and Micro-ultrasound Guided Biopsies

Moises Elias Rodríguez Socarrás, Juan Gomez Rivas, Vanesa Cuadros Rivera, Javier Reinoso Elbers, Luis Llanes González, Ivan Michel Mercado, Julio Fernandez del Alamo, Pablo Juarez del Dago, and Fernando Gomez Sancha

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**Figure 1.** Diagnostic of Prostate Cancer (Pca), insignificant Prostate Cancer (iPCa) and clinical significant Prostate Cancer (csPCa) using micro-ultrasounds (micro-US) Real Time targeted biopsies and multiparametric MRI (mpMRI) targeted Biopsies combined with systematic biopsies; by transperineal approach, n=200 patients

- ✓ Non-significant statistical difference when comparing mpMRI biopsies vs targeted micro-US biopsies for PCa or csPCa diagnosis.

**Table 2.** findings n=200 underwent Transperineal prostate biopsies using micro-US Real Time Targeted, mpMRI targeted and systematic biopsies (Mapping).

	micro-US	mpMRI Targeted†	Systematic	Mapping (micro-US + mpMRI-T + Systematic )	p value
Benign, n (%)	125 (62.5%)	90 (45%)	82 (41%)	67 (33.5%)	
PIN, n (%)	8 (4%)	5 (2.5%)	7 (3.5%)	10 (5%)	
ASAP, n (%)	7 (3.5%)	2 (1%)	12 (6%)	12 (6%)	
<b>PCa, n (%)</b>	<b>61 (30.5%)<sup>a</sup></b>	<b>70 (35%)<sup>a</sup></b>	<b>99 (49.5%)**</b>	<b>111 (55.5%)**</b>	<sup>a</sup> p= 0.24, ** p<0.001
<b>csPCa, n (%)</b>	<b>47 (23.5%)<sup>b</sup></b>	<b>54 (27%)<sup>b</sup></b>	<b>64 (32%)**</b>	<b>82 (41%)**</b>	<sup>b</sup> p= 0.20, ** p<0.001
Number of lesions n; mode [IQR]	407; 2 [1-5] <sup>¶</sup>	258; 1 [1 - 3] §	-	-	
Biopsy cores, n; mean [IQR]	911; 5 [3 - 6]	1269; 6 [5 - 9]	6340; 32 [30 - 37]	8520; 44 [38 - 48]	
Cores involved, mean [IQR]	2 [1 - 3]	2 [1 - 4]	3 [1 - 5]	5 [1 - 8]	

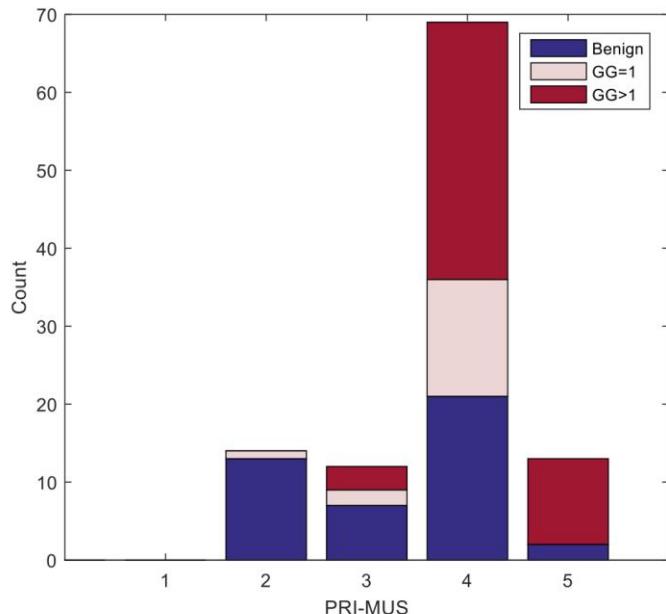
¶ PRIMUS ≥ 3; § PI-RADS ≥ 3. †40 patients Negative mpMRI PI-RADS 2 (no lesions)= 34 (17%), † No mpMRI performed (contraindication) = 6 (3%)

micro-US = micro-ultrasounds (micro-US); mpMRI-T= multiparametric MRI Targeted biopsies; PIN = Prostatic intraepithelial neoplasia; ASAP= atypical small acinar proliferation; Pca = Prostate Cancer; csPCa= clinical significant Prostate Cancer.

**Table 2.** findings n=200 underwent Transperineal prostate biopsies using micro-US Real Time Targeted, mpMRI targeted and systematic biopsies (Mapping).

- ✓ Interestingly **Micro-US** found 12/108 (11%) PCa that were missed by all other techniques and 11 (92%) were csPCa.
- ✓ No fever or clinical infection was observed, 17 (8.7%) patients presented minor complications (Clavien Dindo I).

✓ Ambos PI-RADSy PRI-MUS son altamente predictivos de CPCS



Factor	OR	p-value	VIF
Log10(PSA)	2.49 [10.26 - 0.61]	0.21	1.05
Age/10	1.42 [2.20 - 0.92]	0.11	1.13
DRE	1.42 [3.65 - 0.55]	0.47	1.03
Previous biopsy	0.67 [1.40 - 0.32]	0.28	1.06
PI-RADS 2	3.17 [9.59 - 1.05]	0.04	1.42
PI-RADS 3	Reference	-	-
PI-RADS 4	2.04 [5.00 - 0.84]	0.12	1.63
PI-RADS 5	6.37 [23.26 - 1.75]	0.01	1.65
PRI-MUS 2	0.00 [Inf - 0.00]	1	1.58
PRI-MUS 3	Reference	-	-
PRI-MUS 4	3.10 [8.40 - 1.14]	0.03	1.93
PRI-MUS 5	8.60 [41.39 - 1.79]	0.01	1.7

**Figure 3.** Logistic Regression Model (AUC for model with leave-one-out validation = 0.76) n=194 patients .

Logistic Regression Model (AUC for model with leave-one-out validation = 0.7). Specifically, for PSA >4, PIRADS>3 there is an improvement in detection rate between PRI-MUS 4 and PRI-MUS 5 (36% GG>1 to 60% GG>1).

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## PD41-06 TRANSPERINEAL PROSTATE BIOPSES USING MICRO-ULTRASOUND, MRI-GUIDED AND SYSTEMATIC BIOPSES (MADRID PROTOCOL), AN UPDATE WITH 482 PATIENTS

Moises Elias Socarras, Javier Reinoso Elbers, Fabio Esposito, Isabella Greco, Julio Fernandez del Alamo, Vanessa Cuadros Rivera, Diego Carrion Monsalve, Juan Gomez Rivas, Luis Llanes Gonzalez, and Fernando Gomez Sanchez

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Table 2. TP using micro-US + MRI TBX + SBX (Madrid Protocol) n=482

	Micro-US	MRI TBx	SBX	MRI + SBX	Micro-US + SBX	Madrid Protocol*	p
PCa n,(%)	147 (30.49%)	174 (36%)	249 (51.6%)	273 (56.63%)	270 (56.01%)	284 (58.92%)	<0.001
csPCa n, (%)	115 (23.85%)	141 (29.2%)	172 (35.6%)	198 (41.07%)	196 (40.66%)	211 (43.77%)	<0.001

◆ Pca    ■ csPCa

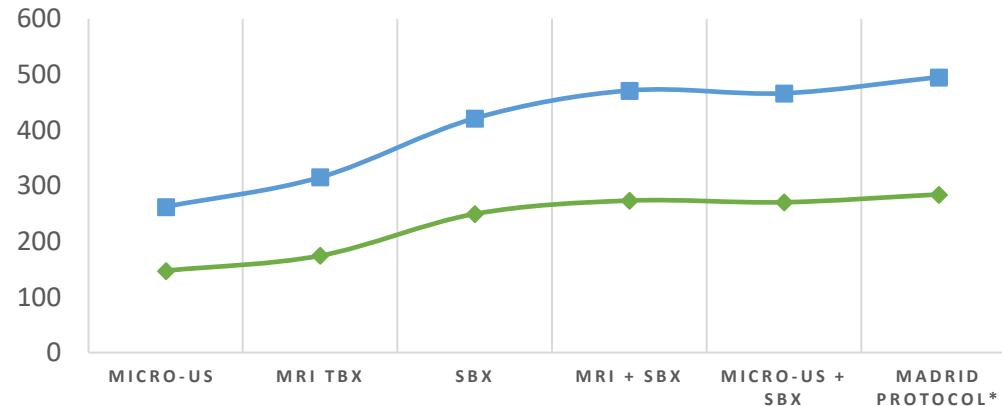


Table1. Demographics of n=482 patients TP prostate Biopsies using micro-US + MRI TBX + SBX (Madrid Protocol)

	95% CI
Age mean, SD, (IQR)	63.46 ± 7.91 (58.15- 63.75)      62.64 – 64.17
Prostate Volume SD, (IQR)	54.87 ± (34.75 – 69)      (51.92-57.72)
PSA, SD (IQR)	7.76 ± 6.35 (58.15 - 69.23)      (7.08 – 8.35)
DRE suspicious n, %	82 (17%)

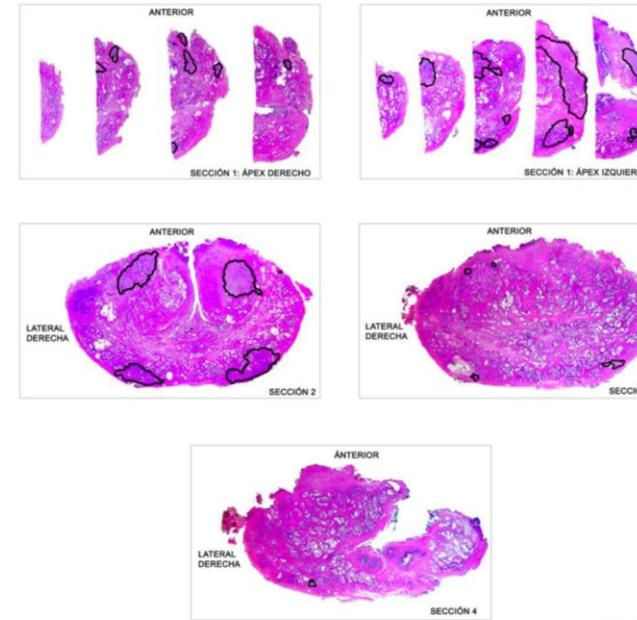
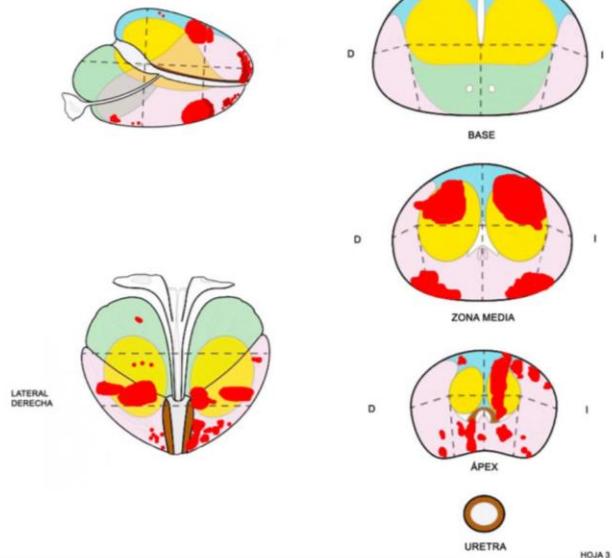
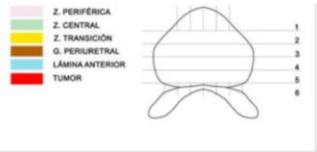


## Micro-Ultrasound-Guided vs Multiparametric Magnetic Resonance Imaging-Targeted Biopsy in the Detection of Prostate Cancer: A Systematic Review and Meta-Analysis

Petros Sountoulides,\* Nikolaos Pyrgidis, Stergios A. Polyzos, Ioannis Mykoniatis, Eirini Asouhidou, Athanasios Papatsoris, Athanasios Dellis, Anastasios Anastasiadis, Lukas Lusuardi and Dimitrios Hatzichristou

From the Urology Department (PS, NP, IM, AA, DH), School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece, First

References	Study Period	Compared Techniques	Population	No. Pts	Mean±SD Age (yrs)	Mean±SD PSA (ng/dl)	No. Abnormal DRE	Mean±SD Prostate Vol (ml)	No. Pts Undergoing Micro-US +mpMRI Biopsy	Cores/Micro-US Target	Cores/mpMRI Target
Abouassaly et al <sup>22</sup>	01/18–08/18	Micro-US vs mpMRI vs SB	Suspicion of PCa	87	65±7.4	5.9±3.4	7	37.5±19.3	19	Mean±SD 2.3±0.7	Mean±SD 2.9±0.4
Cornud et al <sup>33</sup>	02/19–07/19	Micro-US vs mpMRI	Suspicion of PCa+at least 1 mpMRI lesion (PI-RADS ≥3)	118	66±13	11±19	16	53±26	118	Mean±SD 5±2	Mean±SD 5±2
Eure et al <sup>23</sup>	12/16–12/16	Micro-US vs mpMRI vs SB vs conventional transrectal US	Men with PCa in active surveillance protocol	9	65.6±4.4	6±1.1	9	38.8±8.2	9	2–3	2–3
Klotz et al <sup>24</sup>	Not available	Micro-US vs mpMRI vs SB	Suspicion of PCa	77	Not available	Not available	Not available	Not available	77	Not available	Not available
Lopez et al <sup>25</sup>	Not available	Micro-US vs mpMRI vs SB	Elevated PSA or abnormal DRE	51	Not available	Not available	Not available	Not available	51	Not available	Not available
Luger, as reported by Klotz et al <sup>24</sup>	Not available	Micro-US vs mpMRI vs SB	Suspicion of PCa	62	Not available	Not available	Not available	Not available	62	Not available	Not available
Lughezzani et al <sup>26</sup>	10/17–09/19	Micro-US vs mpMRI vs SB	Suspicion of PCa+at least 1 mpMRI lesion (PI-RADS ≥3)	320	64.7±8.2	7.5±3.5	72	48.3±29.6	320	Mean±SD 4.3±2.2	Mean±SD 4.3±2.2
Martel et al <sup>34</sup>	05/18–03/19	Micro-US vs mpMRI vs SB	Biopsy-naïve pts, pts with previous neg biopsy or on active surveillance, or pts undergoing PCa stratification	148	66.3±8.2	7.3±4.3	Not available	Not available	148	Not available	Not available
Pereira-Arias et al <sup>27</sup>	02/17–01/18	Micro-US vs mpMRI vs SB	Elevated PSA or abnormal DRE	96	67±5.5	7.5±5.6	Not available	56±16.3	79	2	2
Perez <sup>28</sup>	Not available	Micro-US vs mpMRI vs SB	Suspicion of PCa+available mpMRI	55	Not available	15.3±9	Not available	Not available	55	Not available	Not available
Claros et al <sup>29</sup>	02/17–09/18	Micro-US vs mpMRI vs SB	Suspicion of PCa+at least 1 mpMRI lesion (PI-RADS ≥3)	269	67.5±7.4	7.8±3.5	Not available	49.5±21.5	47	Mean±SD 3±1.5	Mean±SD 3±1.5
Shore, as reported by Klotz et al <sup>24</sup>	Not available	Micro-US vs mpMRI vs SB	Suspicion of PCa	14	Not available	Not available	Not available	Not available	14	Not available	Not available
Rodríguez-Socarrás et al <sup>30</sup>	02/18–09/19	Micro-US vs mpMRI vs SB	Elevated PSA or suspicious DRE or PI-RADS ≥3 in mpMRI	194	62±7.4	6.5±3.3	31	58.1±33.3	194	Mean±SD 2±1.5	Mean±SD 2.3±2.2
Staerman <sup>31</sup>	11/17–04/19	Micro-US vs mpMRI vs SB	Men with PCa in active surveillance protocol	44	Not available	Not available	Not available	Not available	39	Not available	Not available
Wiemer et al <sup>32</sup>	02/18–12/18	Micro-US vs mpMRI vs SB	Suspicion of PCa	159	69.5±7.4	8.2±4.2	42	54.5±17	159	2-3	2-3



Concordancia ISUP Mapeo con MU vs Pieza de Prostatectomía Radical Robótica

**(96,4%).**

Corelacion ISUP Mapeo vs ISUP 0,97 IC 95%

Correlación intraclass 0,98 (0,867 - 0,993)

Correlacion intraclass de 0,90 (0,789 - 0,954) IC 95%

**Table 1.** n=307 patients, concordance prostate Biopsy and Robotic Radical Prostatectomy specimen

Type of Biopsy	Count	Upgrade	95%CI	Downgrade	95%CI
<b>Mapping = TP micro-US + MRI Targeted + Sys</b>					
TRUS	76	7 (9.41%)	(4.21-17.2)	5 (6.77%)	(2.54-13.8)
TRUS	138	69 (50.00%)	(41.8-58.3)	6 (4.46%)	(1.84-8.76)
MRI-TSB	90	27 (30.01%)	(21.3-40.0)	11 (12.40%)	(6.68-20.1)
MRI-TB	3	1 (35.30%)	(3.9-82.2)	1 (6.72%)	(0.01-53.3)

B

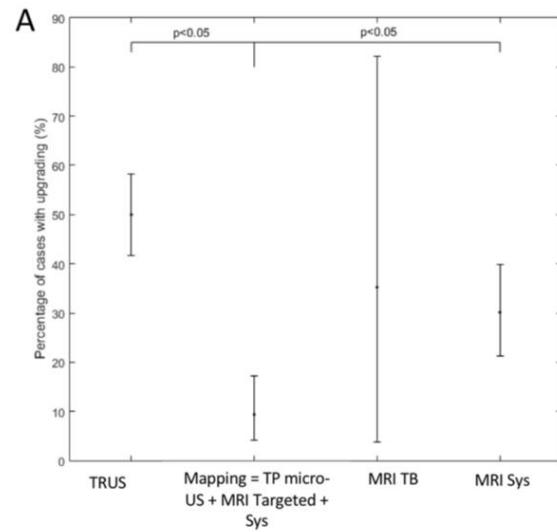
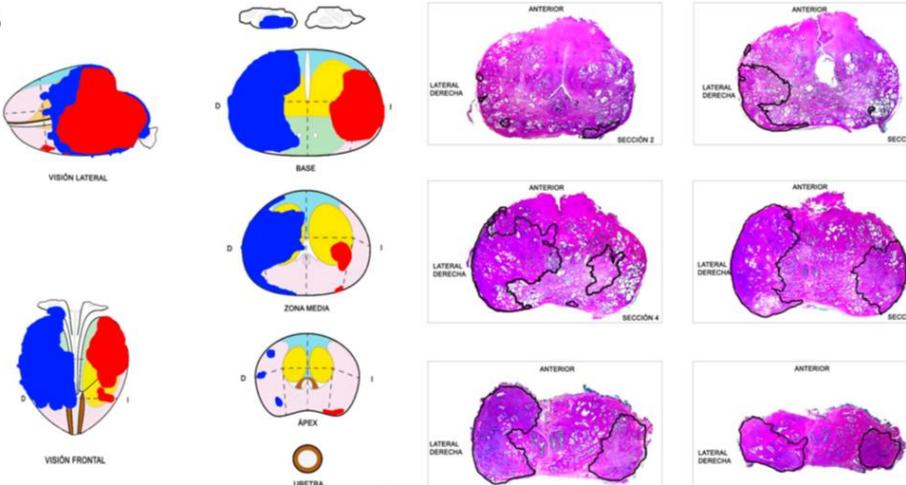


Table 1 = n=307 patients, concordance prostate Biopsy and Robotic Radical Prostatectomy specimen. Fig A= Graphic, Mapping = TP micro-US + MRI Targeted + Sys better than MRI TB + Sys and TRUS (p<0.05) B= Radical Prostatectomy specimen CS PCa C – D = Microultrasound (Exact Vu) console and High resolution 29 MHz transducer and TP guide attached with rotational movement for TP Biopsies.



## Prostate Cancer

# Side-specific, Microultrasound-based Nomogram for the Prediction of Extracapsular Extension in Prostate Cancer

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Multiparametric magnetic resonance imaging

## Abstract

**Background:** Prediction of extracapsular extension (ECE) is essential to achieve a balance between oncologic resection and neural tissue preservation. Microultrasound (MUS) is an attractive alternative to multiparametric magnetic resonance imaging (mpMRI) in the staging scenario.

**Objective:** To create a side-specific nomogram integrating clinicopathologic parameters and MUS findings to predict ipsilateral ECE and guide nerve sparing.

**Design, setting, and participants:** Prospective data were collected from consecutive patients who underwent robotic-assisted radical prostatectomy from June 2021 to May 2022 and had preoperative MUS and mpMRI. A total of 391 patients and 612 lobes were included in the analysis.

**Outcome measurements and statistical analysis:** ECE on surgical pathology was the primary outcome. Multivariate regression analyses were carried out to identify predictors for ECE. The resultant multivariable model's performance was visualized

## 5. Conclusions

We have developed a side-specific model to predict ipsilateral ECE based on clinical variables combined with MUS findings. Its performance was comparable with that of a mpMRI-based model using the same clinicopathologic variables (AUC 80.9%). The implementation of this nomogram can be helpful in tailoring nerve-sparing approaches. Nevertheless, external validation of our findings and prospective trials are required to corroborate the results.

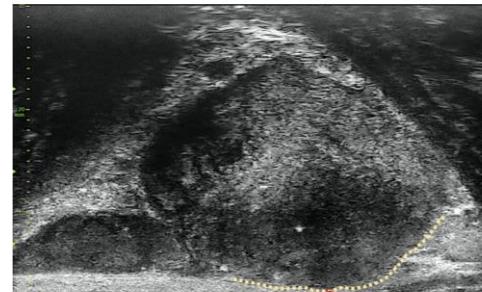


Fig. 1 – Examples of MRI-derived parameters to detect ECE with MUS: capsular contact length  $\geq 15$  mm, capsular bulging and irregularity (yellow dotted line), vesicle breach of the prostate (red arrow), and obliteration of the prostatic-seminal vesicle angle (green arrow). ECE = extracapsular extension; MRI = magnetic resonance imaging; MUS = microultrasound.

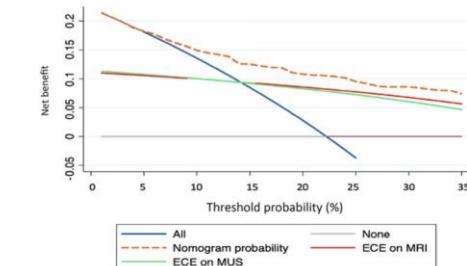
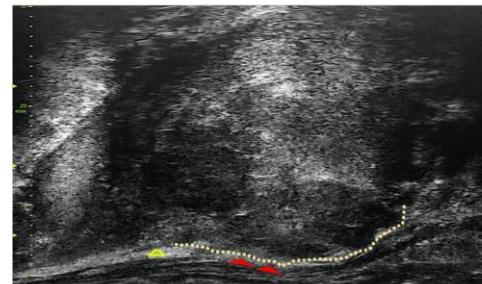
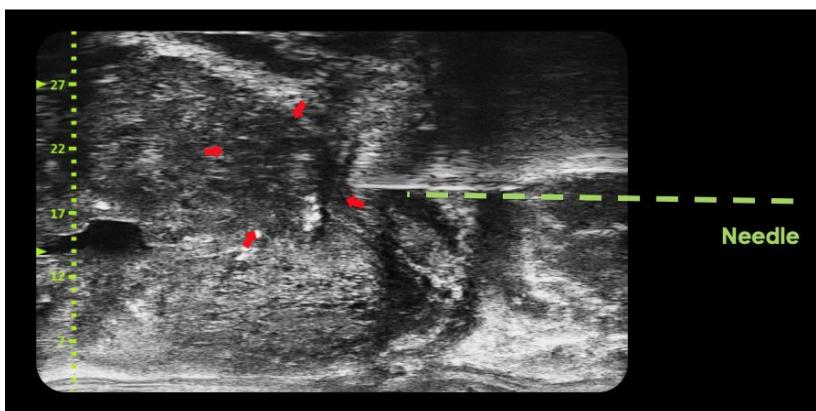


Fig. 3 – Decision curve analysis showing net benefit of using our model based on MUS. ECE = extracapsular extension; MRI = magnetic resonance imaging; MUS = microultrasound.

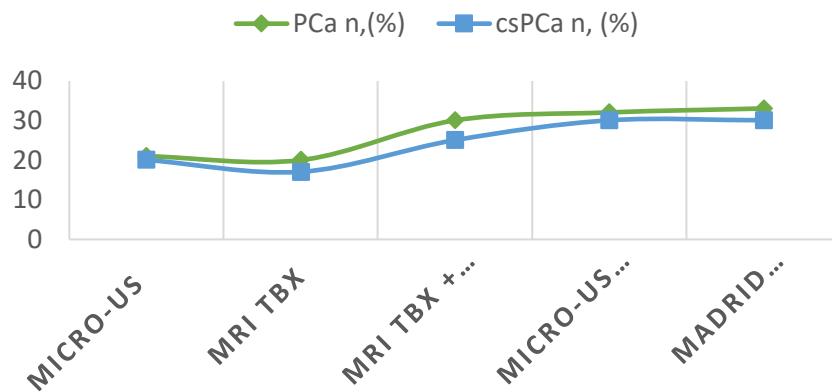
**Table 1** n=42 patients TP prostate biopsies for patients with previous prostate surgery using micro-US + MRI TBX + SBX (Madrid Protocol)

		95% CI
Age mean, SD, (IQR)	$68.5 \pm 6.42$ (64.68 – 73.16)	65.9 -71.1
Prostate Volume	$45.45 \pm 6.45$ (21 – 55)	32.25 – 58.65
PSA	$5.46 \pm 0.79$ (2.2 – 6.79)	4.1 – 7.35
DRE suspicious	7 (16%)	-



**Table 2** n=42 patients TP prostate biopsies for patients with previous prostate surgery using micro-US + MRI TBX + SBX (Madrid Protocol)

	Micro-US	MRI TBx	SBX	Madrid Protocol*
PCa n,(%)	21 (50%)	20 (47.6%)	29	33 (78.5%)
csPCa n, (%)	20 (47.6%)	17 (40.47%)	25	30 (71.4%)





70 años, **Recidiva Bioquímica,**  
**después de Prostatectomía**  
radical + RT  
PSA .2.12 ng/ml.

RNMmp: lesión en lecho /  
Anastomosis 9 mm  
PET colina No lesiones

Resultado Biopsia  
Microurlasonidos:  
PCA Gleason 8 (4+4).



## Review Article

## Micro-Ultrasound: a way to bring imaging for prostate cancer back to urology



Niklas Harland\*, Arnulf Stenzl

Department of Urology, University Hospital Tübingen, Tübingen, Germany

62

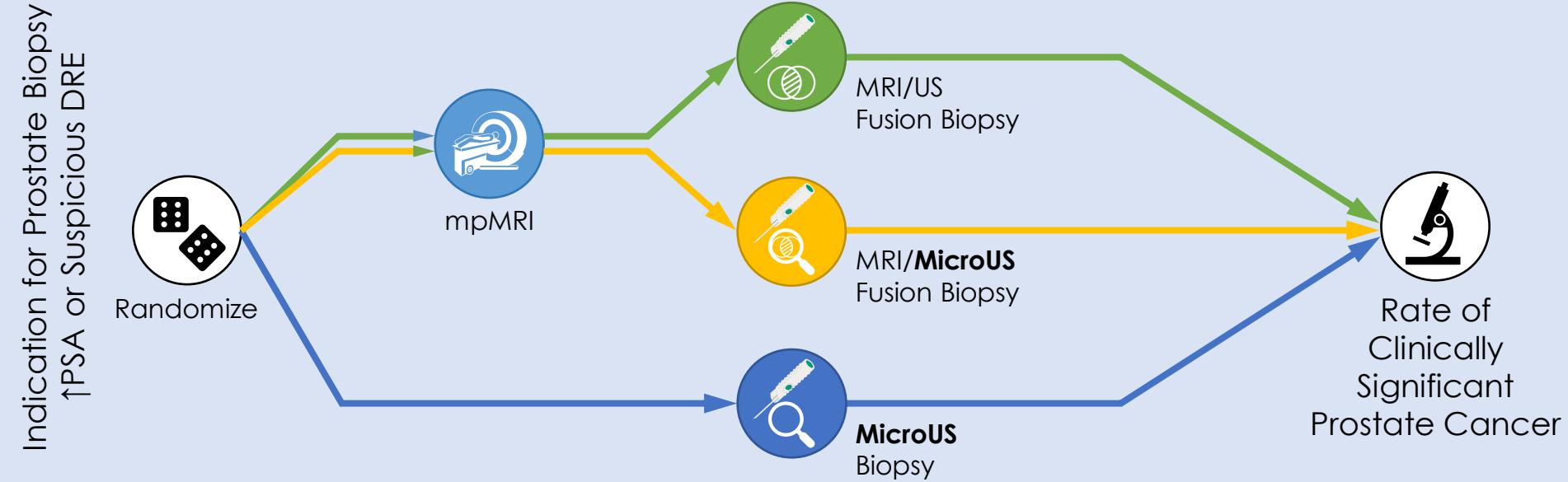
Prostate International 9 (2021) 61–65

**Table 1**  
Summary of studies comparing micro-ultrasound and MRI-guided biopsy.

Year	First author	n	Sensitivity csPC		Specificity MUS		PPV csPC		NPV MUS		Detection rate csPC	
			MUS	MRI	MUS	MRI	MUS	MRI	MUS	MRI	MUS	MRI
2020	Cornud, F	118	100%	88%	23%						51.40%	
2019	Abouassaly, R	19									21%	11%
2019	Lughezzani, G.	104	94%		28%		40%	34%	90%		40%	23%
2020	Roja Claros, O	269									38%	23%
2020	Rodriguez Socarras, ME	194	98.9%	85.5%	29.3%		62.3%	56.3%	95.6%		24%	28%
2020	Wiemer, L.	159	95%		15%		52%				75%	
2020	Klotz, L.	1040	94%	90%	22%		44%	43%	85%			

csPC = clinically significant prostate cancer; MUS = micro-ultrasound; MRI = magnetic resonance imaging; PPV = positive predictive value; NPV = negative predictive value.

# OPTIMUM



## Optimization of prostate biopsy – Micro-Ultrasound versus MRI (OPTIMUM): A 3-arm randomized controlled trial evaluating the role of 29 MHz micro-ultrasound in guiding prostate biopsy in men with clinical suspicion of prostate cancer

Laurence Klotz <sup>1</sup>, Gerald Andriole <sup>2</sup>, Harry Cash <sup>3</sup>, Matthew Cooperberg <sup>4</sup>,  
E David Crawford <sup>5</sup>, Mark Emberton <sup>6</sup>, Fernando Gomez-Sancho <sup>7</sup>, Eric Klein <sup>8</sup>,  
Giovanni Lughezzani <sup>9</sup>, Leonard Marks <sup>10</sup>, Francesco Montorsi <sup>11</sup>, Georg Salomon <sup>12</sup>,  
Rafael Sanchez-Salas <sup>13</sup>, Neal Shore <sup>14</sup>, Samir Taneja <sup>15</sup>

Affiliations + expand

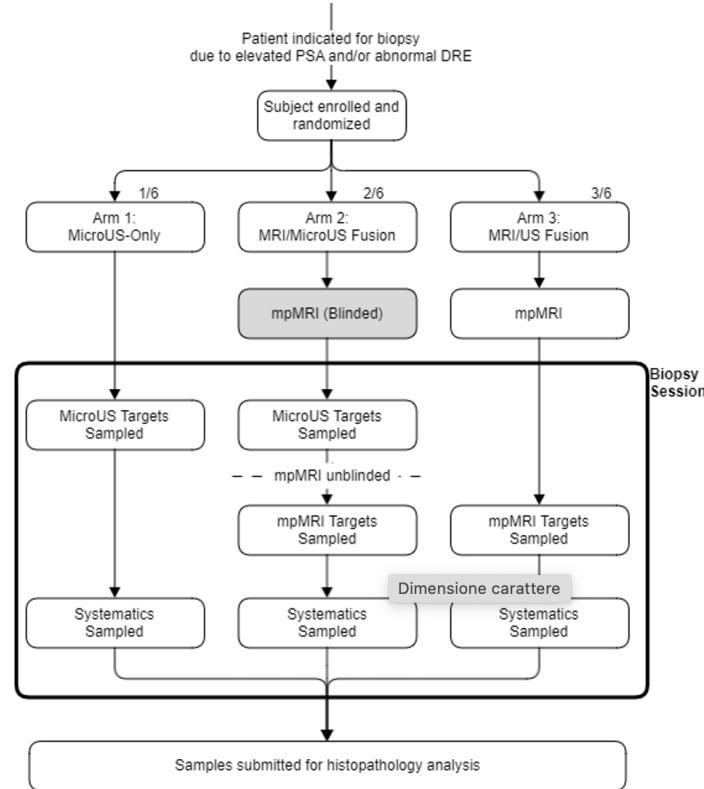
PMID: 34728381 DOI: 10.1016/j.cct.2021.106618

### Abstract

**Background:** Micro-ultrasound (microUS) is a novel ultrasound-based imaging modality which has demonstrated the ability to visualize prostate cancer. Multiparametric MRI/ultrasound (mpMRI/US) fusion has recognized advantages for the performance of prostate biopsy, however, it encompasses additional cost, time and technical expertise to performing prostate biopsy in comparison to conventional trans-rectal ultrasound biopsy. MicroUS may simplify and optimize this pathway.

**Methods:** OPTIMUM is a 3-arm randomized controlled trial comparing microUS guided biopsy with MRI/US fusion and MRI/MicroUS "contour-less" fusion. This trial will investigate whether microUS alone, or in combination with mpMRI, provides effective guidance during prostate biopsy for the detection of clinically significant prostate cancer (csPCA) for biopsy naïve subjects. 1200 subjects will be randomized. The economic impact will be evaluated.

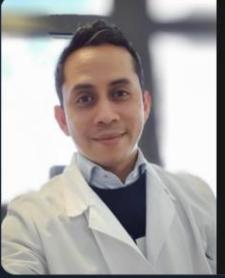
**Results:** The rate of csPCA (defined as Grade Group 2 and above) in each arm will be compared. The primary hypothesis is non-inferiority of csPCA rate between the MRI/US fusion arm and the microUS-only arm (including the blinded microUS-only portion of the MRI/MicroUS arm). As a secondary objective, the csPCA rate between MRI/MicroUS fusion and MRI/US fusion arms will also



Retweeteaste

Exact Imaging @ExactImaging · 4 may.

It gives us great pleasure to welcome Dr. @moisessocarras of @ICUAurologia #madrid to the #OPTIMUMtrial first patients enrolled. @ExactImaging @EDAPTMS #Microutrasound #prostatecancer #29MHz @MacMedicina @fgomsan



Welcome to the  
**OPTIMUM Trial**  
Dr. Moisés Socarrás  
Instituto de Cirugía Urológica Avanzada, Madrid

#OPTIMUMtrial EXACT IMAGING

Optimization of prostate biopsy - Micro-Ultrasound versus MRI (OPTIMUM): A 3-mm randomized controlled trial evaluating the role of 29-MHz micro-ultrasound in guiding prostate biopsy in men with clinical suspicion of prostate cancer

2 7 19

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Exact Imaging @ExactImaging · 3 may.

It gives us great pleasure to welcome Dr. @jreinosoelb of @ICUAurologia #madrid to the #OPTIMUMTrial first patients enrolled. @ExactImaging @EDAPTMS #Microutrasound #prostatecancer #29MHz @MacMedicina @fgomsan @moisessocarras



Welcome to the  
**OPTIMUM Trial**  
Dr. Javier Reinoso  
Instituto de Cirugía Urológica Avanzada, Madrid

#OPTIMUMtrial EXACT IMAGING

Optimization of prostate biopsy - Micro-Ultrasound versus MRI (OPTIMUM): A 3-mm randomized controlled trial evaluating the role of 29-MHz micro-ultrasound in guiding prostate biopsy in men with clinical suspicion of prostate cancer

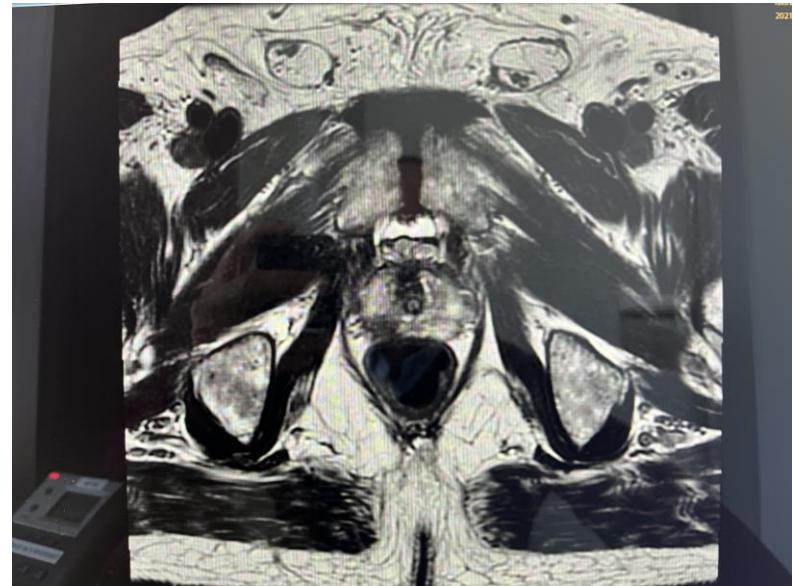
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||

# MicroUS: Reemplaza la RNM?

# mpMRI



Tiempo, Listas de Espera, Costes \*aparato y para los pacientes , Fobia, marcapasos, protesis

# mpMRI

## 5.2.4.3 Guidelines for MRI imaging in biopsy decision

Evidencia sólida

Protocolo

Estandarizada

Planificacion  
quirurgica

Introductory statement	LE
Systematic biopsy is an acceptable approach in case MRI is unavailable.	3

Recommendations for all patients	Strength rating
Do not use magnetic resonance imaging (MRI) as an initial screening tool.	Strong
Adhere to PI-RADS guidelines for MRI acquisition and interpretation and evaluate MRI results in multidisciplinary meetings with pathological feedback.	Strong

Recommendations for biopsy-naïve patients	Strength rating
Perform MRI before prostate biopsy.	Strong
When MRI is positive (i.e. PI-RADS $\geq 3$ ), combine targeted and systematic biopsy.	Strong
When MRI is negative (i.e., PI-RADS $\leq 2$ ), and clinical suspicion of PCa is low (e.g. PSA density $< 0.15 \text{ ng/mL}$ ), omit biopsy based on shared decision-making with the patient.	Weak

Recommendations for patients with prior negative biopsy	Strength rating
Perform MRI before prostate biopsy.	Strong
When MRI is positive (i.e. PI-RADS $\geq 3$ ), perform targeted biopsy only.	Weak
When MRI is negative (i.e., PI-RADS $\leq 2$ ), and clinical suspicion of PCa is high, perform systematic biopsy based on shared decision-making with the patient.	Strong

# mpMRI

- Curva de aprendizaje.
- Variabilidad interobservador.
- Bajo VPP.
- Costes
- Lesiones indeterminadas
- imprecisiones de calibracion de FBX (software, Eco)



# MicroUS reemplaza la RNM?

- NO, pero son muy utiles cuando la RNM no esta disponible
- Mejor que Bx TRUS convencional: Si
- Agregan valor a la RNM. Enriquece las biopsias de fusión (Permiten biopsiar las lesiones viendolas) Si
- Me siento confiado de hacer una Biopsia con MicroUS sino tengo RNM: Si

# Ventajas microultrasonidos

- Tiempo real, rapido, se ven las lesiones
- Puede ayudar a ver mejor imagenes visibles o No en MRI
- Mejoria sobre Biopsia de Fusión
- Se ve muy bien el apex y las bandeletas
- Bueno para Extension extracapsular
- Muy util cuando no hay RNMmp \*marcapasos, Fobia.
- No hay listas de espera
- Permite biopsiar casos de recidivas
- Programa de formacion muy bueno (e learn exact imagin, Mastery programme).
- Muy Buen soporte postventa

# Microultrasonidos aplicaciones clínicas

- Diagnóstico
- Seguimiento, vigilancia activa.
- Terapia focal (crio, HIFU, laser..)
- Biopsia de recidiva local.

\*\* Posibilidades: proteger recto, esfínter, bandeletas.

# Desventajas

- Vision solo longitudinal, no biplanar.
- Tecnologia muy buena, vision muy buena..software de fusion e informes mejorable.
- La clasificacion PRIMUS solo usa informacion de patrones de imagenes, no toma en cuenta otros datos usados por MRI o PET (ejmp tamaño del tumor, uso de contraste)

# *The best is yet to come*

- Improvement in software, reports and fusion software.
- More users, more experience, more evidence, Optimum trial.
- Anterior zone
- Focal therapy and follow-up
- AI



THE BEST IS YET TO COME - Frank Sinatra -

]

MU es una técnica sencilla, dinámica, rápida de reproducir, curva de aprendizaje corta...Pero hay que estudiar y actualizarse.

← → ⌂  elearn.exactimaging.com/pages/16/home

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10 items



Completed

1 - E-Learning Modules for Physicians from EU

27m 08s

Learning Plan 



Completed

2 - Physicians' Pre on-site training - EU (optional videos)

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Learning Plan 



EXACTVU  
Completed

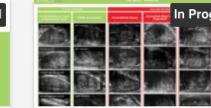
Continuing Education

EXACT

3 - Your Continuing Education

2h 10m

Learning Plan 



In Progress

Anterior Prostate Cancer with Micro-Ultrasound Resources

Learning Plan 



Not Started

Research

Exact Imaging Published Research Module





Not Started

Manuals

ExactVu User Manuals & Guides





Completed

19% 100%

44% 100%

Learning Comprehensive Training for Optimal Detection Rate with Targeted Prostate Biopsies using the ExactVu System

Information about the ExactVu Mastery Program





Completed

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OPTIMUM Trial Manuscript



US



Microutrasound



you with training



**HARD WORK  
BEATS TALENT  
WHEN TALENT  
DOESN'T WORK  
HARD**



*Gracias!*