



**COLPOSACROPEXIA  
ROBÓTICA  
VS  
LAPAROSCOPICA**



Guillermo Conde Santos

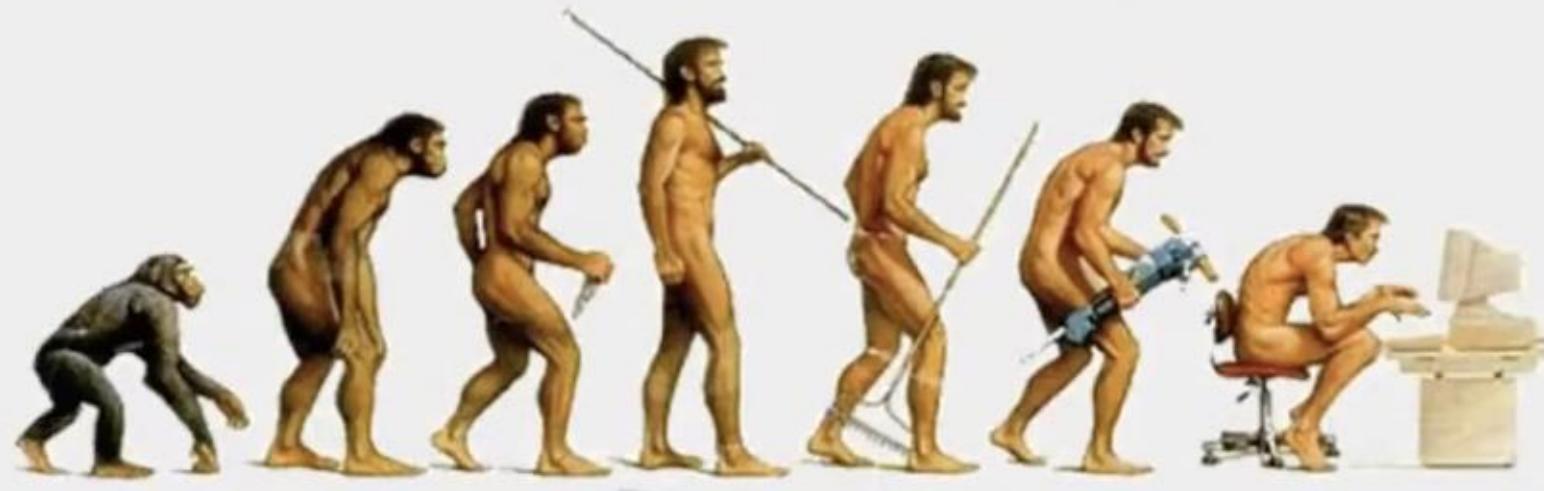
Hospital QuirónSalud Tenerife



# **Rossum's Universal Robots (R.U.R.). Karel Capek 1921**



# EVOLUTION OF THE SURGERY



Laparotomy

Laparoscopy

Robotic

courtesy by C. Rossitto

**1957 first experience with abdominal sacrocolpopexy**

**1990 First Laparoscopic Burch**

**1991 First Laparoscopic sacrocolpopexy**

**Wattiez A, Boughizane S, Alexandre F, Canis M, Mage G, Pouly JL, Bruhat MA (1995) Laparoscopic procedures for stress incontinence and prolapse. Curr Opin Obstet Gynecol 7:317–321**

**ROBOTIC-ASSISTED LAPAROSCOPIC SACROCOLPOPEXY FOR TREATMENT OF VAGINAL VAULT PROLAPSE DAVID S. DIMARCO, GEORGE K. CHOW, MATTHEW T. GETTMAN, AND DANIEL S. ELLIOTT. UROLOGY 63: 373–376, 2004. © 2004**

**COLPOSACROPEXIA LAPAROSCÓPICA ASISTIDA POR ROBOT COMO TRATAMIENTO DEL PROLAPSO UROGENITAL.**

*Jesús Moreno Sierra, Isabel Galante Romo, Elena Ortiz Oshiro<sup>1</sup>, Carlos Núñez Mora y Ángel Silmi Moyano.*

**Arch. Esp. Urol. vol.60 no.4 may. 2007**

¿de donde venimos?

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## Sacrocolpopexia abierta:

Gold standard prolapso complejo apical  
Estancia larga, morbilidad elevada

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## SC Laparoscópica:

mínima invasión, baja morbilidad, estancia hospitalaria reducida, efectiva- corto y largo plazo

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La prohibición de las mallas vía vaginal FDA incrementa el interés por esta técnica.

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Prolapso apical, mujeres sexualmente activas con prolapsos de alto grado multicompartimental

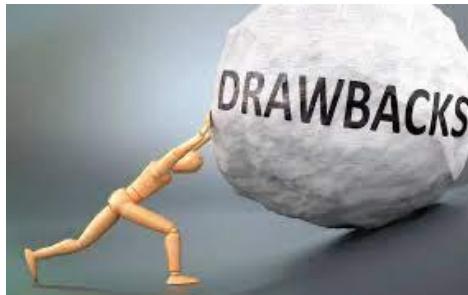
## Cirugía laparoscópica

Visión en dos dimensiones limita la sensación de profundidad

Cámara inestable y depende del nivel de competencia del ayudante

Los instrumentos son rígidos y limitan los grados de libertad de los movimientos

Imagen especular: en ocasiones el movimiento es contradictorio (movimientos del instrumental derecha que originan un movimiento hacia la izquierda en la pantalla)



# Reproducción de los movimientos con 7 grados de libertad



Inmersión: visión 3D,  
realidad aumentada x10



# Cirugía robótica y suelo pélvico ¿de donde venimos?

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**Sacrocolpopexia abierta:**  
estancia larga, morbilidad

---

**SC Laparoscópica:**  
mínima invasión, baja morbilidad, estancia hospitalaria reducida, efectiva corto y largo plazo

---

Sin embargo: curva de aprendizaje larga, mínima ergonomía, larga duración

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**SC Robótica:**  
mejoría ergonómica, visión tridimensional, instrumental mas preciso, menor daño tisular.



Contents lists available at ScienceDirect

European Journal of Obstetrics & Gynecology and  
Reproductive Biology

journal homepage: [www.elsevier.com/locate/ejogrb](http://www.elsevier.com/locate/ejogrb)



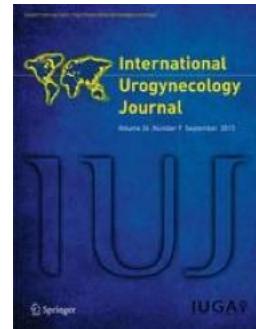
Laparoscopic sacrocolpopexy for female genital organ prolapse:  
establishment of a learning curve

Cherif Y. Akladios <sup>a,\*</sup>, Daphné Dautun <sup>a</sup>, Christian Saussine <sup>b</sup>, Jean Jacques Baldauf <sup>a</sup>,  
Carole Mathelin <sup>c</sup>, Arnaud Wattiez <sup>a</sup>

The learning curve of laparoscopic  
sacrocolpopexy shows a steady decrease in  
the duration of surgery. A turning point is  
observed after **18–24 procedures**

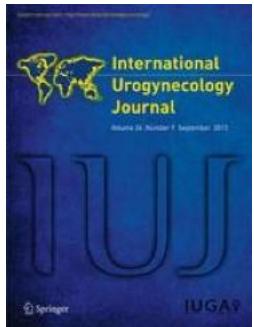
## International Urogynecology Journal

**The challenge of implementing laparoscopic  
sacrocolpopexy**



To decrease operation time, suture training can be implemented ahead. Following a **15-h suturing lab**, trainees achieved comparable operation times after 30 cases

Proficiency is more dependent on **patient characteristics**, though this component is poorly studied. One experience showed it takes **60 procedures** to effectively limit complications.



## International Urogynecology Journal

### Assessing the learning curve of robotic sacrocolpopexy

Brian J. Linder<sup>1</sup> · Mallika Anand<sup>2</sup> · Amy L. Weaver<sup>3</sup> · Joshua L. Woelk<sup>2</sup> ·  
Christopher J. Klingele<sup>2</sup> · Emanuel C. Trabuco<sup>2</sup> · John A. Occhino<sup>2</sup> · John B. Gebhart<sup>2</sup>

Operative time plateaued after the **first 60 cases**, whereas complication rates continued to decrease beyond this. **Proficiency**, as determined by a risk-adjusted CUSUM analysis for complication rates, was achieved after approximately **84 cases**



### Learning curve of robot-assisted laparoscopic sacrocolpo(recto)pexy: a cumulative sum analysis

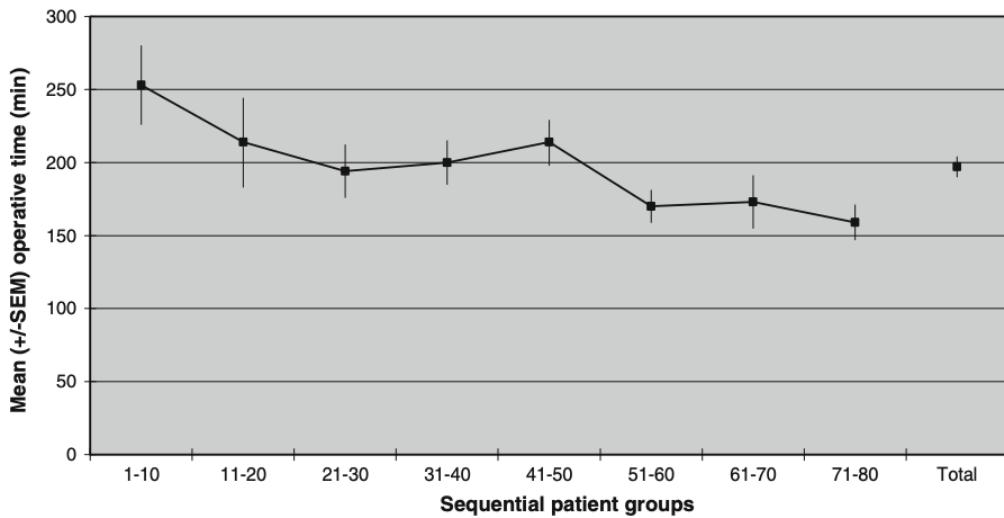
Femke van Zanten<sup>1</sup>, Steven E Schraffordt Koops<sup>2</sup>, Pieter Nel C M Pasker-De Jong<sup>3</sup>, Egbert Lenters<sup>2</sup>, Henk W R Schreuder<sup>4</sup>

The learning curve never fell below the unacceptable failure limits and stabilized after **23 of 41 cases**. **Proficiency** was obtained after **78 cases** for both surgeons. Surgery time decreased after 24–29 cases in robot-assisted sacrocolpopexy

# Robotic-assisted sacrocolpopexy: technique and learning curve

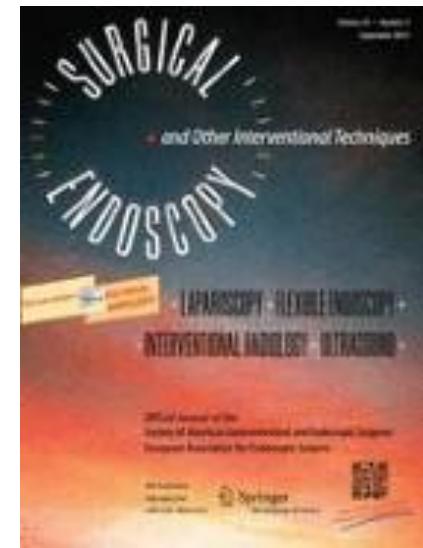
Mohamed N. Akl · Jaime B. Long · Dobie L. Giles ·  
Jeffrey L. Cornella · Paul D. Pettit · Anita H. Chen ·  
Paul M. Magtibay

Surg Endosc (2009) 23:2390–2394

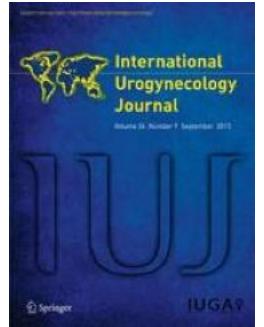


After completion of the **first ten cases**, our mean operative time decreased significantly by **25.4%** (64.3 min, 95% CI 16.1–112.4 min,  $p < 0.01$ ).

The mean operative time of the last 30 cases was 167.3 min



# Comparing the outcomes and effectiveness of robotic-assisted sacrocolpopexy and laparoscopic sacrocolpopexy in the treatment of pelvic organ prolapse



Chia-Lun Chang<sup>1,2</sup> · Chun-Hua Chen<sup>3</sup> · Shang-Jen Chang<sup>1,2</sup>

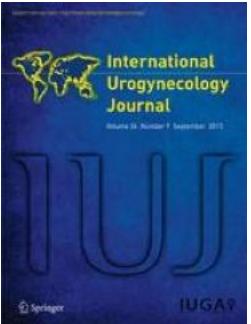
Received: 22 December 2020 / Accepted: 11 February 2021 / Published online: 24 March 2021  
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A total of 2115 participants were included in the pooled analysis Meta-analyses

## Operative time

The mean operative time was 269.8 ± 81 min for RASC and 229.6 ± 69.2 min for LSC.

The operative time for RASC was significantly longer than that of LSC (weighted mean difference, 29.53 min; 95% CI 12.88 to 46.18 min, P = 0.0005).



# Comparing the outcomes and effectiveness of robotic-assisted sacrocolpopexy and laparoscopic sacrocolpopexy in the treatment of pelvic organ prolapse

Chia-Lun Chang<sup>1,2</sup> · Chun-Hua Chen<sup>3</sup> · Shang-Jen Chang<sup>1,2</sup>

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**Estimated blood loss** was significantly lower in the RASC group compared with the LSC group (weighted mean difference,  $-86.52$  ml; 95% CI  $-130.26$  to  $-42.79$  ml,  $P = 0.0001$ ).

## Length of hospital stay

May be shorter in the RASC group but that this difference was not statistically significant (weighted mean difference,  $-0.28$ ; 95% CI  $-1.18$  to  $0.62$ ;  $P = 0.54$ ).

# Comparing the outcomes and effectiveness of robotic-assisted sacrocolpopexy and laparoscopic sacrocolpopexy in the treatment of pelvic organ prolapse



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## Overall intraoperative complications and conversion to laparotomy

### Intraoperative complications.

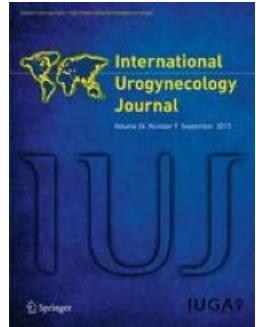
**RASC** had significantly fewer intraoperative complications compared with LSC (OR 0.6; 95% CI 0.40 to 0.91; P = 0.01).

### Rate of conversion to laparotomy

significantly lower conversion rate to laparotomy in the **RASC group** compared with the LSC group (P = 0.01).

There were **no significant differences between the RASC and LSC groups** with regard to bladder injury, bowel injury, ureteral injury, vascular injury

# Comparing the outcomes and effectiveness of robotic-assisted sacrocolpopexy and laparoscopic sacrocolpopexy in the treatment of pelvic organ prolapse



Chia-Lun Chang<sup>1,2</sup> · Chun-Hua Chen<sup>3</sup> · Shang-Jen Chang<sup>1,2</sup>

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## Overall postoperative complications

The rate of postoperative complications was 16.39% and 20.3% in the RASC and LSC groups, respectively. There were no significant differences in the rate of postoperative complications between these two groups (OR 0.9; 95% CI 0.57 to 1.41; P = 0.63).

## Effectiveness of interventions

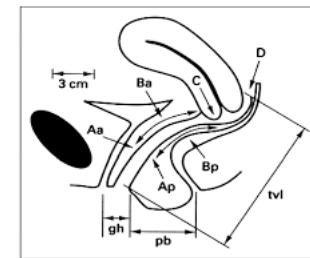
Anatomical outcomes were reported using the POP-Q scale

### Postoperative anatomical outcomes

The results revealed no significant differences for the point Bp, Ba, C

The study by Illiano et al. revealed better outcomes in the RASC group at all points and was especially significant for point C.

We could postulate that these results might address the advantages of RASC such as better dissection of the vaginal wall, more efficient positioning of the mesh and easier stitch fixation to sacral promontory.



# Comparing the outcomes and effectiveness of robotic-assisted sacrocolpopexy and laparoscopic sacrocolpopexy in the treatment of pelvic organ prolapse

Chia-Lun Chang<sup>1,2</sup> · Chun-Hua Chen<sup>3</sup> · Shang-Jen Chang<sup>1,2</sup>

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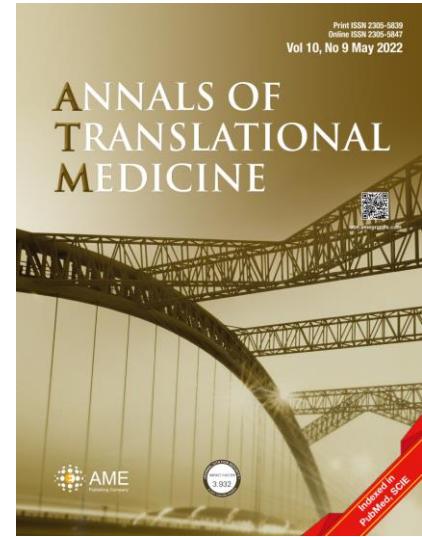
## Conclusions

The current study showed comparable **efficacy between RASC and LSC treatments.**

The choice of either the RASC or LSC surgical procedure should therefore be at the discretion of the surgeon and according to the patient's preferences.

**Robotic and laparoscopic sacrocolpopexy for pelvic organ prolapse: a systematic review and meta-analysis**

Jiang Yang<sup>#</sup>, Yong He<sup>#</sup>, Xiaoyi Zhang, Zhi Wang, Xiaohu Zuo, Likun Gao, Li Hong



49 articles were available, including 3,014 patients

Median operative time was 226 [90–604] minutes, 21.7% hysterectomy 25% anti-incontinence

Blood loss was 56 [5–1,500] mL

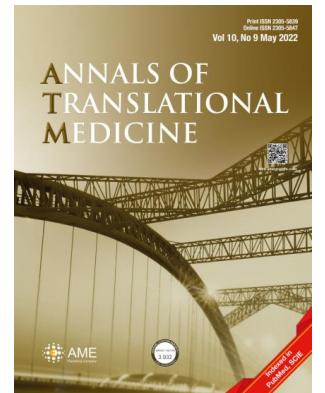
Hospital stay was 1.55 [1–16] days

RSCP vs LSCP **Intraoperative outcomes**

**Intraoperative blood loss** in the RSC group was significantly less than that in the LSC group high heterogeneity ( $P<0.00001$ ,

**Rate of conversion**, and the results showed that there was much lower conversion rate in RSC than that in LSC

**Operation times**, which revealed a significant difference between RSC and LSC 37.35 minutes no statistically significant difference in the rate of intraoperative complications



**Robotic and laparoscopic sacrocolpopexy for pelvic organ prolapse: a systematic review and meta-analysis**

Jiang Yang<sup>#</sup>, Yong He<sup>#</sup>, Xiaoyi Zhang, Zhi Wang, Xiaohu Zuo, Likun Gao, Li Hong

## Postoperative outcomes and complications

Length of hospital stay

Perioperative transfusion differences

Rate of erosion of the mesh. RSC 2.3% vs. LSC 2.7%,

Postoperative anorectal dysfunction. RSC 5.2% vs. LSC 3.2%,

Postoperative sexual disorders, RSC 15.9% vs. LSC 13.1%

There was no significant

Cure and objective recurrence rate not statistically significant

The difference between RSC and LSC in a of POP there was

**PRICE  
IS WHAT YOU PAY  
VALUE  
IS WHAT YOU GET**

WARREN BUFFETT

# Cost-Minimization Analysis of Robotic-Assisted, Laparoscopic, and Abdominal Sacrocolpopexy

John P. Judd, MD   • Nazema Y. Siddiqui, MD • Jason C. Barnett, MD • Anthony G. Visco, MD •  
Laura J. Havrilesky, MD • Jennifer M. Wu, MD, MPH

A **decision model** was developed to compare the costs (2008 US dollars) of robotic, laparoscopic, and abdominal sacrocolpopexy

For the **Robot Existing** robot model,

robotic sacrocolpopexy \$8508 per procedure

laparoscopic sacrocolpopexy at \$7353

abdominal sacrocolpopexy at \$5792.

The **addition of robotic purchase and maintenance** costs resulted in an incremental increase of

\$581, \$865, and \$1724 per procedure when these costs were distributed over 60, 40, and 20 procedures per month, respectively.

# Robotic Compared With Laparoscopic Sacrocolpopexy: A Randomized Controlled Trial

Jennifer T. Anger, Elizabeth R. Mueller, Christopher Tarnay, Bridget Smith, Kevin Stroupe, Amy Rosenman, Linda Brubaker, Catherine Bresee, and Kimberly Kenton.

**Obstet Gynecol. 2014 January ; 123(1): 5–12**

Laparoscopic and robotic sacrocolpopexy ---Evidence comparing outcomes and costs

Randomized to either laparoscopic or robotic sacrocolpopexy

Randomized 78 women [mean age 59 years]: laparoscopic (n=38), robotic (n=40).

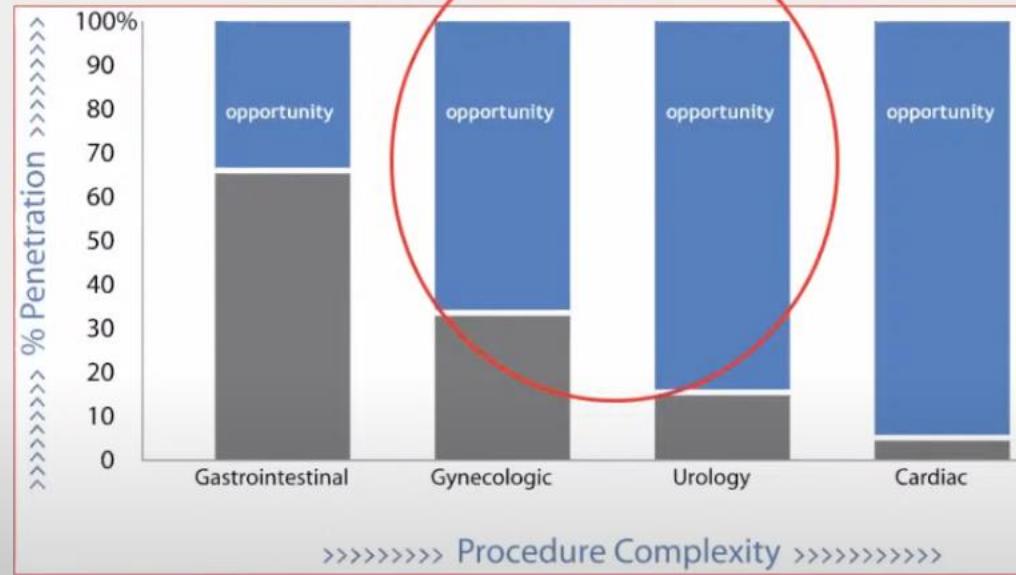
The **robotic sacrocolpopexy** group had higher initial hospital **costs** .

When we **excluded costs of robot** purchase and maintenance, we did not detect a statistical difference in initial day of surgery costs of robotic vs. laparoscopic or hospital costs over 6 weeks

Los procedimientos completos extras suponen una oportunidad

## Robotic-assisted laparoscopy ?

Merge of robotics & laparoscopy = opportunity



# **Surgeons' Perceptions and Injuries During and After Urologic Laparoscopic Surgery**

**Ofer N. Gofrit, Albert A. Mikahail, Kevin C. Zorn, Gregory P. Zagaja, Gary D. Steinberg, and Arie L. Shalhav**

Estudio en urólogos edad media 43 años y que realizan 3 procedimientos laparoscópicos semana

UROLOGY 71 (3), 2008

Laparoscopic surgery is far more demanding, both physically and mentally, than traditional open surgery.

Intraoperative injuries occurred in 30% of surgeons performing laparoscopy

Poor ergonomics can lead to increasing tremor, frustration, and fatigue for surgeons.

Conclusion robotic technology decrease the injury rate

> *Minim Invasive Ther Allied Technol.* 2010 Apr;19(2):105-9. doi: 10.3109/13645701003643972.

## **The operation room as a hostile environment for surgeons: physical complaints during and after laparoscopy**

> *J Am Coll Surg.* 2010 Mar;210(3):306-13. doi: 10.1016/j.jamcollsurg.2009.10.017.  
Epub 2009 Dec 24.

## **Patients benefit while surgeons suffer: an impending epidemic**

Adrian Park <sup>1</sup>, Gyusung Lee, F Jacob Seagull, Nora Meenaghan, David Dexter

Affiliations + expand

PMID: 20193893 DOI: [10.1016/j.jamcollsurg.2009.10.017](https://doi.org/10.1016/j.jamcollsurg.2009.10.017)

**Conclusions:** 87% of surgeons who regularly perform minimally invasive surgery suffer such symptoms or injuries

European Association for Endoscopic Surgery (EAES).

2980 EAES members in 2017 enquiring about their working practice, musculoskeletal (MSK) pain and burnout.

**569** (19%) surgeons responded

(62%) reported their worst **pain** score was 3 or higher (10-point scale) in the past 7 working days

A significant proportion of the respondents (49%) felt their physical discomfort would influence the **ability to perform or assist with surgical procedures in the future**

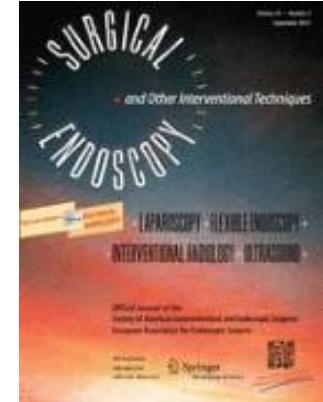
22% of the overall respondents, had sought professional **medical help** for their pain or discomfort

These surgeons reported significantly **lower satisfaction from their work** ( $p = 0.024$ ), **higher burnout** ( $p = 0.005$ ) and significantly **higher callousness toward people** ( $p < 0.001$ ) than those not fearing loss of career longevity.

# **Surgeons' display reduced mental effort and workload while performing robotically assisted surgical tasks, when compared to conventional laparoscopy**

**Lee J. Moore · Mark R. Wilson · John S. McGrath ·  
Elizabeth Waine · Rich S. W. Masters ·  
Samuel J. Vine**

Surg Endosc 2015 Sep;29(9):2553-60



**Robotic system surgical tasks can be performed more proficiently lower workload**

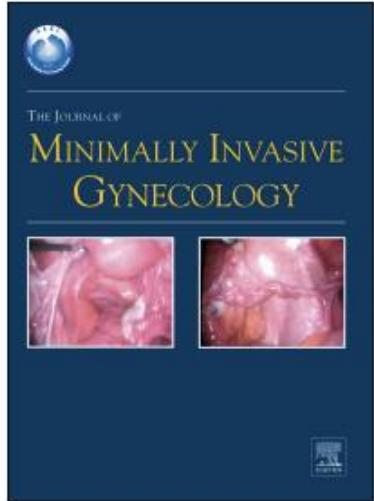
Reducing surgeon's risk of overload-induced performance errors, stress-related disorders, and burnout

**Less mental effort using a robotic device**, potentially allowing surgeons **greater cognitive resources** for dealing with other demands such as communication, decision-making, or periods of increased complexity in the operating room

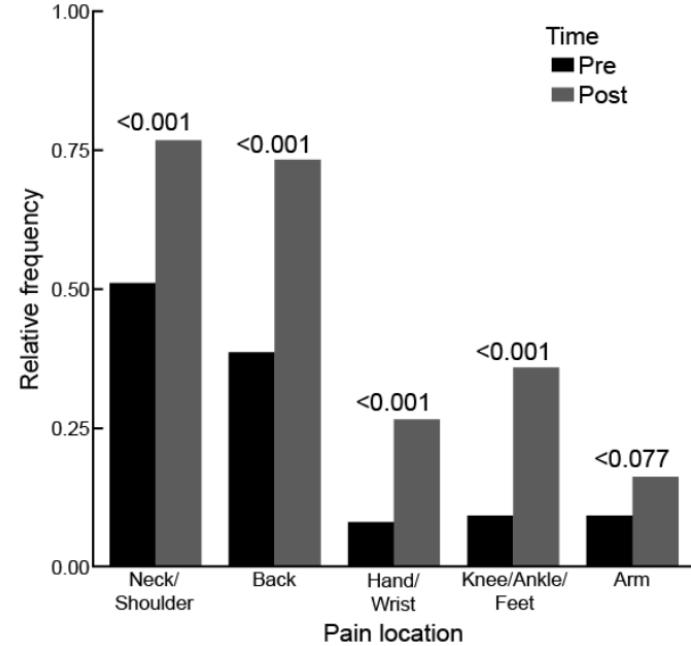
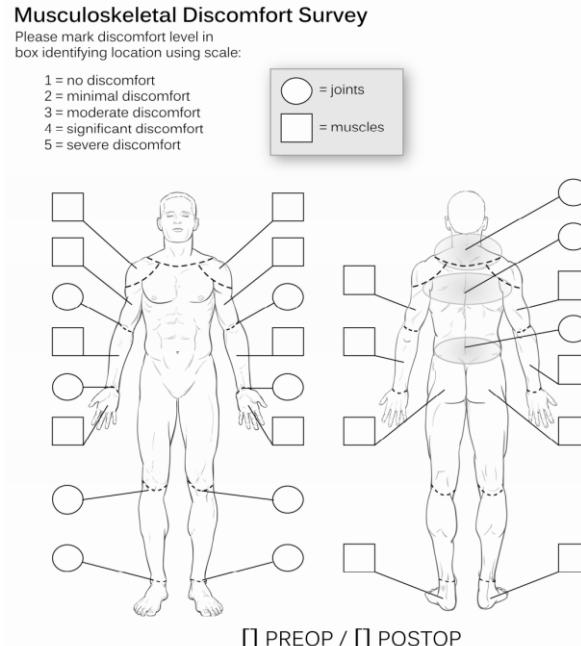
# Comparison of Postural Ergonomics Between Laparoscopic and Robotic Sacrocolpopexy: a Pilot Study

Megan E. Tarr, MD, MS Sam J. Brancato, MD Jacqueline A. Cunkelman, MD, MPH Anthony Polcari, MD Benjamin Nutter, MS Kimberly Kenton, MD

Journal of Minimally Invasive Gynecology October 2014



This pilot study demonstrates an **ergonomic benefit** in the neck/shoulder and back regions when using **robotic surgery** to perform a minimally invasive sacrocolpopexy



**La cirugía laparoscópica incrementa el stress psicológico y cognitivo  
comparando con la cirugía abierta**

**Las técnicas de cirugía robótica ofrecen un ambiente mucho mas  
ergonómico y amigable para el cirujano.**

# **Robotic Sacrocolpopexy—Is It the Treatment of Choice for Advanced Apical Pelvic Organ Prolapse?**

Janine L. Oliver & Ja-Hong Kim  
Curr Urol Rep (2017) 18: 66

**Robotic-assistance may benefit the surgeon in terms of ergonomics and technical feasibility** (for better or worse, it has been said that the robot can make a lesser, or less-experienced, surgeon better, but cannot improve an excellent surgeon)

**Further quality long-term comparative studies are needed**, but together with excellent surgical experience, robotic- assistance may overcome some disadvantages of the laparoscopic approach and accomplish performance of a procedure which we know has established long-term efficacy.

While the evidence for RSC is not there yet to support calling it the treatment of choice, it is an **excellent choice for many women**.



# ICS 2020 Online - Robotic Functional Ur...



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## CONCLUSIONS

SCP has an  
important role in  
POP repair

SCP has stood the  
test of time

Mini-invasive  
approach is the  
choice

Robotic approach is  
the future

ICS 2020  
ONLINE

ICS 2020  
ONLINE



# Oportunidad de aprendizaje

## ROBOTIC SURGERY TEACHING



# ¿Que colposacropexia?



Laparoscopic Sacral Colpopexy: step by step technique  
Hernández Hernández D<sup>1</sup>, Conde Santos G<sup>2</sup>, Padilla-Fernández B<sup>1</sup>,  
Castro Díaz D<sup>1</sup>

## Malla Uplift - Neomedic

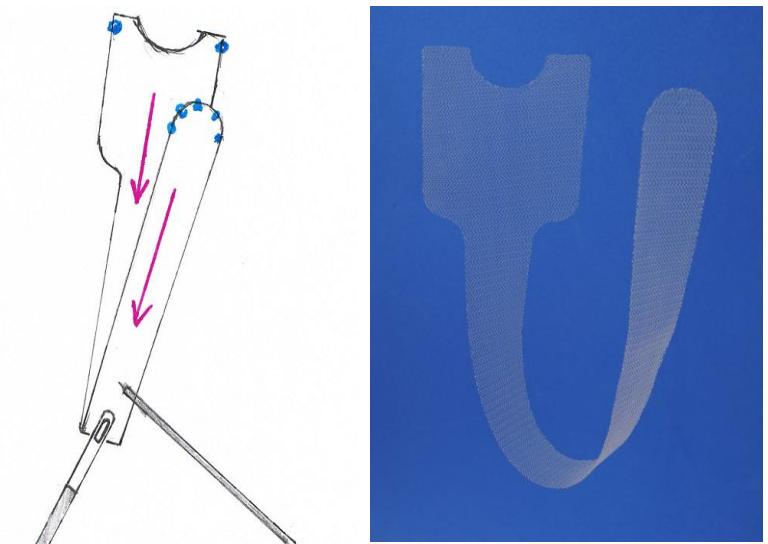
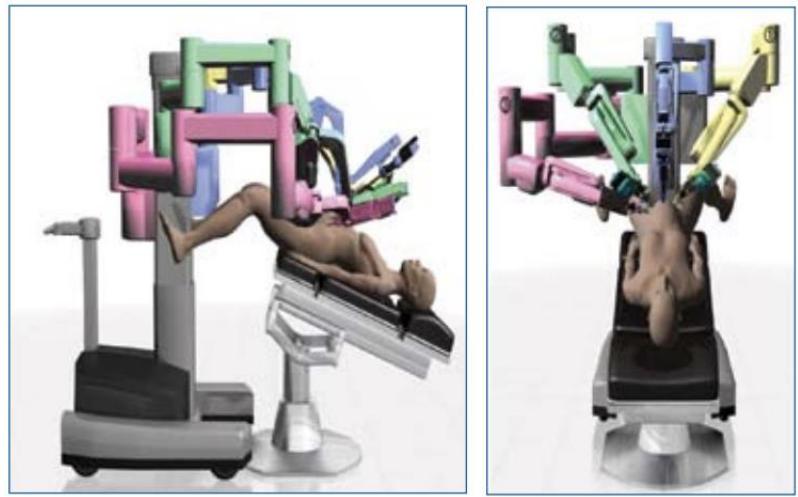
One loop design allows tension mesh adjustment easier and facilitates the times of fixation to the sacrum

> Eur J Obstet Gynecol Reprod Biol. 2010 Sep;152(1):103-7.

da European journal of obstetrics, gynecology, and reproductive biology  
pub 2010 Jun 9.

## Nerve-preserving sacrocolpopexy: anatomical study and surgical approach

Thomas Shiozawa <sup>1</sup>, Markus Huebner, Bernhard Hirt, Diethelm Wallwiener,  
Christl Reisenauer



# ¿En que me ayuda la cirugía robótica?

Ergonomía

Disección promontorio (preservación plexo hipogástrico)

Disección del espacio recto-vaginal (minimizar la disección) 30° cuerpo perineal

Disección distal espacio vesico-vaginal (trígono)

Precisión sutura Cuerpo perineal. M elevadores. Lig Uretro-sacros. Cara anterior vaginal.

Sutura sobre el LVCA sin desajustar la tensión

## Minimally Invasive Sacrocolpopexy: How to Avoid Short- and Long-Term Complications

Catherine A. Matthews

Curr Urol Rep (2016) 17:81

Sentido crítico – equilibrio entre efectos positivos de dar soporte vaginal y las potenciales complicaciones.

Adecuada selección de las pacientes.

Algunas complicaciones pueden ocurrir años después de la cirugía –exposición o erosión mallas.

Tipo de cirugía debe ser adaptada a cada paciente y a su grado de prolapso.

Cirugía de puerto único.

Cirugía de extracción de cuerpos extraños. Excision mesh

Colocación de esfínter artificial femenino.



> [Int Urogynecol J. 2022 Mar 10. doi: 10.1007/s00192-022-05134-4.](#)

International urogynecology journal

## **A robotic approach to management of failed sacrocolpopexy and sacrocolpopexy complications: a case series**

Alexandra I Goodwin <sup>1</sup>, Jose Torres <sup>2</sup>, Danielle L O'Shaughnessy <sup>3</sup>,  
Peter S Finamore <sup>3</sup>

## Escenario cambiante

Incremento en el número de robots

Nuevas plataformas robóticas

Disminución de costes material fungible

Demanda por parte del paciente

La cirugía robótica es una evolución natural de la cirugía laparoscópica para los procedimientos mas complejos

Delimitar indicaciones

Obesidad

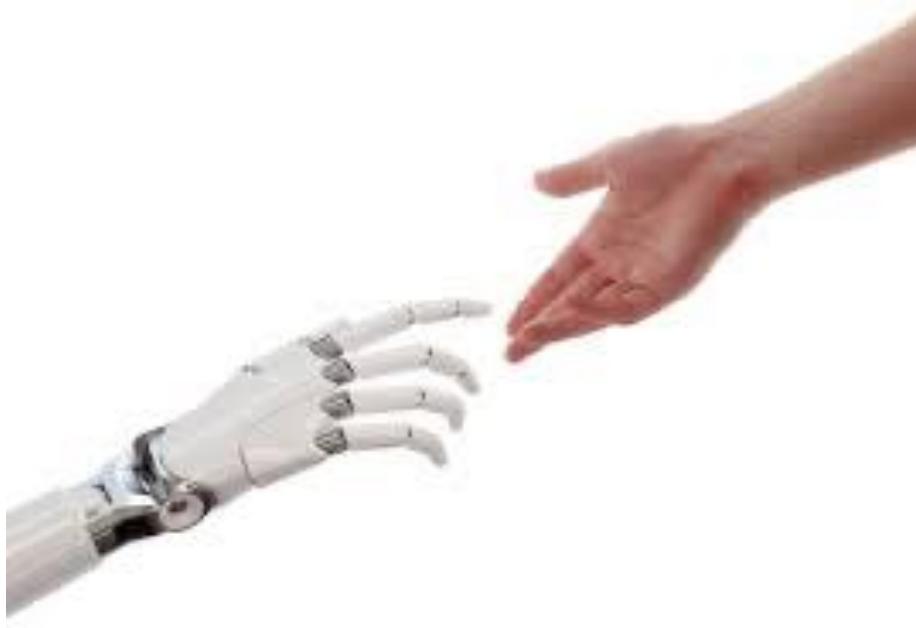
Mayor complejidad con grandes defectos multicompartimentales

Recidivas de colposacropexia laparoscópica

Cirugías previa de prolapso

¿Posibilidad de hacer cirugía mayor ambulatoria?

# ¿Futuro?



Robótica instrumento presente  
Precisión y Seguridad

# Unidad de Cirugía Robótica Avanzada

Teléfono: **682 305 154**

E-mail:

[CirugiaRobotica.tfe@quironsalud.es](mailto:CirugiaRobotica.tfe@quironsalud.es)

Responsable: **Guillermo  
Conde Santos**



A close-up photograph showing a doctor's hands wearing white medical gloves. The doctor is gently holding a patient's hand, which is resting on their own lap. The patient's hand is slightly clenched. The background is blurred, suggesting a clinical setting.

Medicina de Precisión

Medina Centrada en las Personas

